



# THE VILLAGER



**7** FEATURE  
Pletman Concert Season



**11** FEATURE  
Pickleball Party



**13** FEATURE  
Golf Tournament Recap



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NIGHT**

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Thank you to Peter Feick for contributing the cover photo. *The Villager* welcomes submissions for cover consideration. Submissions must be emailed as high-resolution jpeg images to [cking@oronoquevillage.com](mailto:cking@oronoquevillage.com)

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# A MESSAGE FROM THE OVCA PRESIDENT

*This column originally was distributed to residents as an Eblast on Friday, Aug. 24, 2018.*



**Insurance Update:** As part of their contracted support, People's and Philadelphia Insurance Companies have been working with us to implement a more robust loss-prevention program. They came to do an initial on-site review in July and they will be back for a follow-up meeting shortly. This is something

Oronoque requested of our former agent, Bouvier, who chose not to provide this service for us.

We have received some specific recommendations to strengthen our existing maintenance standards as well as

ideas regarding a winter weather service checklist, freeze prevention and control devices. People's and Philadelphia have also provided a risk-management service plan that includes topics such as routine property walkthroughs, claim analysis, safety programs, training workshops. Fred is already utilizing some of these services and will be presenting his further recommendations to us.

**Analysis of Our Infrastructure:** Falcon Group, a professional engineering firm, was hired to perform a full reserve study of the Village. Our infrastructure is aging and we need to determine a recommended level of reserves to address going forward. Fred just received their report. He will be analyzing it and reporting to the board in the near future.

## Fiscal Year 2017/2018:

### Reserve Summary as of June 30, 2018 (Unaudited)

Insurance	\$85,411.39
Major Capital	\$40,724.71
House & Garden	\$11,981.56
Roof	\$752,826.19
PM/Painting	\$16,195.23
Building & Pools	\$27,430.73
Tennis	(18,602.25)
<b>TOTAL:</b>	<b>\$915,767.56</b>



# THE VILLAGER

A PUBLICATION OF ORONOQUE VILLAGE  
STRATFORD, CT

[WWW.ORNOCQUEVILLAGE.COM](http://WWW.ORNOCQUEVILLAGE.COM)

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Please direct all questions regarding *The Villager* publication, to Carol King. Unsolicited manuscripts, which we invite from all residents, should be discussed first with Carol King. We also welcome unsolicited photographs of Oronoque scenes and events, which should be submitted to Marcia Klein.

*The Villager* is published by the Communications Committee of The Oronoque Village Condominium Association. Disclaimer: All advertisers are paid submissions and *The Villager* makes no representation of their credibility. Neither OVCA nor OVTD discriminate in the use of facilities by resident groups.

## 2018-2019 District Elections\*

**District 1** election meeting is Oct. 2 at 7 p.m. at SCB.

**District 2** election meeting is Sept. 24 at 6 p.m. at SCB.

**District 3** election meeting is Oct. 3 at 6 p.m. at SCB.

**District 4** election meeting is Sept. 27 at 6 p.m. at SCB.

**District 5** election meeting is Sept. 25 at 6 p.m. at SCB.

**District 6** election meeting is Sept. 26 at 7 p.m. at SCB.

**District 7** election meeting is Oct. 2 at NCB.

**District 8** election meeting is Sept. 26 at 7 p.m. at NCB.

**District 9** election meeting is Sept. 28 at 6 p.m. at NCB.

**District 10** election meeting is Sept. 20 at 5:30 p.m. at NCB.

**District 11** election meeting is Sept. 25 at 6 p.m. at NCB.

*\*All residents in every district will receive complete details about their district meetings via flyers distributed in the black boxes.*

**Flood Zone and FHA Update:** The surveyor is hopeful that he will be able to resume work following an injury by late September. Regarding FHA, we are hopeful that the required additional information delivered to FHA by a third party contractor will result in approval. We are still waiting to hear from FHA.

**New Website Rollout:** The vendor has finally fixed the logistical glitches on the website. The new website will be rolled out shortly.

**2017-2018 Annual Audit:** Our audit is in the final stages and a final report is expected no later than early October. Our audit is led by Glenn J. Nanavaty from Nanavaty, Nanavaty & Davenport, LLP, Certified Public Accountants.

**House Committee:** Cheryl Dwyer reported that some repairs in the ladies' bathroom near the heated pool have been completed. They include replacement of toilet, new shower heads and new shower curtains. Further clean-up of the ladies' room will be done following the pool season.

**Upcoming Election Schedule:** Nanavaty, Nanavaty, & Davenport, LLP will be handling the ballots.

**Key dates:**

**August 21:** Nominating Committee Report to Board

**September 6:** Candidates' Night (7:00 p.m.)

**September 17:** Election (7:00 p.m.)

**Board Members Leaving:** Words of gratitude for Herb Galvez, Jackie Freeman and Judy Waldeyer were given for their service on the board.



## EXECUTIVE DIRECTOR'S COMMENTS: SCB ENTRANCE PROJECT



The SCB Entrance project is nearing completion. The project got underway last year; the House and Garden Club, which is funding the project, selected a landscape architect in July of 2017. Our existing staff of carpenters and masons have been immersed in this project and are incorporating it into their respective work schedules, keeping in mind that Villagers' requests take priority.

In addition to H&G, this project included the involvement of the OV Tax District and the Architectural Committee to ensure conformity with the established standards in the Village.



A major focus of this work is to enhance the South Clubhouse's facade. This undertaking been the

focus of several individuals, who worked diligently despite extreme weather conditions that included high temperatures, sweltering humidity and heavy downpours.

The work done is as follows:

- Wooden shiplap siding was removed; small LED lights were installed on the ceiling above the transom
- A vapor barrier was then installed (TYVEC) and sealed.
- Dura Rock waterproof boards were installed and then seams were sealed in order to avoid any water migration from the exterior



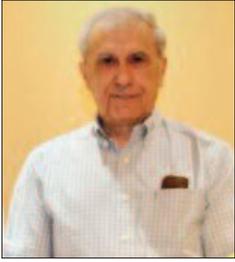
- Two-sided decorative framed glass panels were installed by our carpenters
- A metal lathe was then fastened to the Dura Rock boards
- The initial "scratch coat" was applied to the lathe, which required 24 hours to dry
- The second top coat was applied over the scratch coat, which required 24 hours to dry
- The foundation base was then added and each stone was placed in the appropriate fashion. Each course of stone needed 12 hours to dry and cure before continuing with the next course.

The stones were custom cut to fit the areas of the facade; some pieces were as small as 1 inch in thickness

Please be aware that we got a quote for this work from a local mason; the estimate was in excess of \$18,000. Our material costs stand at \$2,830. We thank our maintenance staff members for their good work.

-- Fred Rodriguez

# A MESSAGE FROM THE OVTD PRESIDENT



By Ray Vermette

The OVTD Board met on July 24, the first meeting of the new fiscal year, and the nine directors, including the four officers, were introduced. A summary of the directors' experiences was highlighted, reflecting on the depth

and span of executive, engineering and financial talent elected to our OV municipal board. The Tax District's status under state law as an independent municipal authority was reviewed in relationship to the Town of Stratford and OVCA. The Tax District's specific responsibilities, purpose and contract arrangements it has with OVCA were discussed. The quality of pertinent experience of the board members, who are volunteers, would be the envy of any municipal board in Connecticut.

The president presented a general agenda for the year, which encompassed the concerns for maintaining road and infrastructure integrity, developing policies on road and infrastructure reserves, addressing the findings of the reserve study by outside consultants, needing to plan and work toward a vision for the future, updating the language and comprehension of our charter to a more user-friendly document, working within the Tax District's areas of responsibility in concert with OVCA's vision to mitigate safety risks and hazards to residents, and working collegiately together as members and with our executive director to provide proactive oversight over programs, budget and communication with the voters.

During the evening's meeting, reports from the treasurer, the Security Committee and Road Committee were presented. The Security Committee report reviewed information provided by the Stratford Police Department related to on-site incidences against persons over the past year and the arrangement and benefit of the Stratford Police Department's private security services.

The chair of the Roads Committee presented an internal study performed over the past six months, which considered accelerating the repaving of roads and lanes scheduled to

be done in the next five or more years. A motion was made and seconded to not borrow any money or accelerate the current repaving schedule. The motion was discussed, and it passed unanimously.

In the New Business segment, the president nominated members to four committees with the concurrence of the board, to serve for a term of one year, and requested that the committees provide oversight over certain areas:

**Road Committee:** Chair Pete Penny, Dennis Caffrey; with oversight over roads, infrastructure, ornamental trees.

**Security Committee:** Chair Bill Tanski, Mel Holson and Ann Gallo; with oversight over security and street lighting and related safety issues.

**Finance Committee:** Chair Tom Becker, Jim Irwin, Linda Libertino and John Staley; with a focus on budget issues, reserve study analysis, developing a recommendation for any reserve policy, assessing the Tax District's financial benefit to the community.

**Charter Committee:** Chair Steve Brieger, Maggie Duni-gan, Lee Schlafer, and Martin Wolf; to prepare with outside counsel an updated charter to be available for review by the April meeting.

At the end of the New Business segment, a matter that was raised in Open Forum concerning the installation of new speed bumps on North and South Trails was referred to both Road and Security Committees to be evaluated with our executive director. They are to develop and report back at the board's October meeting possible options that would address the improvement of traffic and pedestrian safety by reducing vehicular speeds on our private roadways to the posted 20 mph.

**Board of Directors:** Steve Brieger, Dennis Caffrey, Jim Irwin, Linda Libertino, Mel Holson; Tom Becker, treasurer; Pete Penny, secretary; Bill Tanski, vice president, Ray Vermette, president.

Additional Information concerning the July 24 meeting can be found in the Unapproved Minutes posted on OV's website ([www.oronoquevillage.com](http://www.oronoquevillage.com)) under the Management heading of the site. Voters who have questions or concerns are encouraged to attend a board meeting. 

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# FEATURE: PLETMAN CONCERTS



From left, pianist Chelsea Guo, baritone Tom Woodman, soprano Carol Woodman and guitarists Judy Handler and Mark Levesque

## PLETMAN CONCERTS' NEW SEASON

By Elisabeth Breslav

**Sunday, Sept. 16, 3 p.m., NCB:** Don't miss this long-awaited return of "wunderkind" pianist Chelsea Guo. She comes to us after a very busy summer, with performances in London, Leeds, Salzburg, New York and China.

This will be Chelsea's third Pletman Concert performance. Her program will include music by Mozart, Schubert and Chopin.

**Sunday, Oct. 28, 3 p.m., NCB:** Another "encore" by the popular husband-and-wife singers Carol (soprano) and Tom (baritone) Woodman, who have delighted our residents in the past with arias from operas, operettas, French love songs and American musicals.

The Woodmans will present an entirely new concert of art songs by Schumann, Schubert, Mahler, Strauss, Vaughan Williams and Quilter. They will again be accompanied on the piano by Dr. Heather Hamilton.

**Sunday, Nov. 18, 3 p.m., NCB:** For a change of mood, and by popular demand, we welcome back the guitar duo Judy Handler and her husband, Mark Levesque. Their "Fiesta!" program in May 2017 had the audience all but dance

in the aisles and line up to buy their CDs during the reception.

The couple will present a whole new program, "Rhythms of the World," with music from Ireland, Greece, Italy, Spain, Brazil and Hungary.

Admission to each concert is \$5 at the door. Refreshments and lively conversation follow the performances.

OV



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# ANNOUNCEMENTS

## MEN'S CLUB ADDS WEEKLY EVENTS

The Men's Club announces two new weekly offerings. On Tuesdays, from 2-4 p.m., the card room near the kitchen at SCB is open for card playing for Men's Club members.

On Wednesdays, the Billiard Room at NCB will be open to Men's Club members between 2 p.m. and 4 p.m.

If not a member, you can become one for just \$5 per year. For information, call Sandy Lunt at 203-377-5833 or Paul Maglione at 203-339-1111. Male residents throughout the community are invited to join fellow members for afternoons of fun and camaraderie.

## DROP-IN SCULPTURE CLASS: CREATE, LEARN, HAVE FUN!

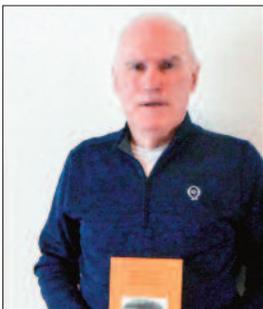
The Drop-in Sculpture Class resumes on Sept. 26 from 10 a.m. to noon in the Arts and Crafts Room at SCB. Beginners are welcome.

Bring a photo or idea of what you might like to create and mentor/guide Wendy Swain will help you achieve your goal. The cost is \$10 per session.

The weekly classes will be offered on Wednesdays for the next few months. All materials provided.

For information, contact Wendy at wendysw10s@gmail.com or 203-386-9125.

## BRUCE BLANCHARD TO SPEAK AT ARTS GUILD EVENT



"We tend to take ourselves too seriously," says Bruce Blanchard in the foreword to his humorous collection of typical Vermont stories, titled "Please Listen While I Think...I'm a Vermonter."

If you are yearning for an afternoon of good humor, don't miss the OV Arts Guild (OVAG)

annual meeting on Sept. 6 at 4 p.m. at SCB. Bruce will entertain us with stories of rural humor based on his life growing up in Vermont. His speaking engagements have taken him from the East Coast to the West Coast since the book's publication in 1998. Copies of the book will be available for sale at the meeting.

Prior to Bruce's talk, there will be a brief business meeting and an election for officers of the Guild Board. Members interested in a position on the OVAG board can contact Claire Carew at 203-540-5125.

The open positions are: president, vice president, secretary, treasurer and member-at-large. You must be a current member in order to vote.

As always, we will have a post-meeting social gathering with refreshments and time to get to know each other better. Or, at least, as Bruce suggests in his book, we can find the "lost art of direct, brief and infrequent conversations with no body language," the way it's done in rural Vermont.

Members attend free of charge. Guests pay \$5 at the door. Full details about membership appear on page 11.

## SAVE THE DATES...

## 'CONSCIOUS AGING' CLASS WILL BEGIN ON SEPT. 10

A new eight-week Conscious Aging course will begin on Monday, Sept. 10, at NCB from 10-11:30 a.m. The cost is \$80 with an additional \$20 for the workbook. Registration is limited to 12 people.

A few goals of the course are to:

- Create an "awareness" leading to greater wisdom and inner peace
- Demonstrate a renewed sense of meaning and purpose in our own lives
- Reduce isolation via our connection to others and a world which is truly experiencing a new vision of aging.

During weekly meetings in small conversational groups guided by a facilitator, members will discuss the importance of such topics as self-compassion, forgiveness and "letting go" as we age and how these can lead to a greater sense of happiness.

The class is run by OV resident Peter Ulisse, a retired professor from Housatonic Community College, who is nationally certified to teach Conscious Aging. For information, email peterulisse@yahoo.com or call 475-422-9630.

## POETRY & PROSE SET FOR OCT. 14

The OV Writers Group will present a first-ever "Poetry & Prose" event at 4 p.m. on Sunday, Oct. 14, in the NCB Library. All residents are invited to attend this event to present readings of their original works of poetry, essays, short stories, etc.

Admission is \$2, collected at the door. Refreshments will be served.

This is a BYOB event and, because of limited space, reservations are required.

For details, please call Mary at 203-767-9760.

# ACTIVITIES

**EDITOR'S NOTE:** *To ensure accuracy, information must be submitted, via email, to Carol King at [cking@oronoquevillage.com](mailto:cking@oronoquevillage.com). (Submissions must be typed, in upper and lower case.) The deadline to be included in the next issue of The Villager, on Sept. 17, is Sept. 5 at noon*

## BOCCE

• Bocce is played on Thursdays, weather permitting, at 10 a.m. at NCB. Everyone is welcome. Questions? Call Sue or Ralph Trapasso at 203-916-7156.

## CURRENT EVENTS

• The Current Events Discussion Group meets in SCB Card Room 1 at 10 a.m. on Wednesdays Sept. 12 and Sept. 26. Please bring a news article to the meeting.

## DOLLCRAFTERS

• Dollcrafters meets at 10 a.m. on Tuesdays at NCB.

## LADIES BIBLE STUDY

• The Ladies Bible study group meets at 10:30 a.m. on the second and fourth Fridays of each month (except July and August) in the NCB Library. The next meeting will take place Sept. 14 where the group will kick off a study of the Gospel of Luke. Questions? Call Angie McKelvey (227-3222) or Tina Vermette (375-0291).

## MAINTAINING A HEALTHY LIFESTYLE

• Healthy Lifestyle Discussion Group will meet in the SCB Back Card Room at 10 a.m. on Tuesdays Sept. 25, Oct. 30 and Nov. 27. Please bring information and be prepared to participate in discussions.

## PICKLEBALL CLUB

• Weather permitting, round robins are held on Mondays and Wednesdays from 4 p.m. to 6 p.m., Tuesdays and Thurs-

days from 6 p.m. to 8 p.m., Fridays from 9 a.m. to 11 a.m. and Saturdays from 9 a.m. to noon. Times are subject to change. Please visit <https://holdmycourt.com/reserve2/ovpickleball> for changes to schedule. For more information, contact game coordinator Gery at [cleeker@optonline.net](mailto:cleeker@optonline.net) or club president Regina at [rarchazki@hotmail.com](mailto:rarchazki@hotmail.com).

## WALKING GROUP

• The Walking Group meets weekly on Thursdays at 9 a.m. in the NCB parking lot. The walks last about 30 minutes to 45 minutes. This is a relaxed, informal group and everyone travels at their own pace.

## OV WRITERS GROUP

• The OV Writers Group meets alternate Thursdays at 2 p.m. in the Card Room at NCB. All are welcome. The group encourages its members to write, to expand their writing and publishing horizons and to find support in a trusting, respectful and professional environment. For information, contact Mary at [MvonZ@optonline.net](mailto:MvonZ@optonline.net)/203-767-9760.



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Left, Back row, left to right: Paul Mohyde, Mike Minoff, Liz Kedan, Dina Glantz and Nancy Blagys. Front row, left to right: Russ Cingari, Lori Hedman, Maggie Dunigan, Peter Feick and Pat Carton. Right, Karen Hahn, Carole Plotnick, Pat Carton, Mary Haynes, Suzanne Finnegan and Nancy Blagys.

## PICKLEBALL CLUB HOSTS ‘OFF-COURT’ SOCIAL EVENT

### Story and photos by Gery Cuccaro

On Thursday, July 26, the Pickleball Club (PBC) hosted its third annual Gala Cocktail Party at NCB. Vases of lovely white hydrangeas adorned the dining tables, bar and serving tables. Setting the mood, classic jazz tunes echoed throughout the room.

The evening’s social gathering was attended by 51 PBC members and invited guests. Throughout the party, all enjoyed a variety of refreshing red and white wines, beers and cold beverages. Attractively decorated appetizer tables offered an array of mouthwatering hot and cold delicacies.

Dessert, a delicious assortment of homemade cookies and brownies, was graciously provided by Dorothy Tanski.

Special “thanks” to Maggie Dunigan, PBC social director,

and her committee: Regina Archazki, Nancy Blagys, Gery Cuccaro, Lori Hedman, Carole Plotnick, Bob Romatzick and Joanne Sutphen. Once again, they created an entertaining, “off-court” PBC event, enjoyed by one and all.

The PBC now numbers 60 members. Membership continues to increase as this sport’s popularity spreads throughout the Village. The club invites all OV residents to stop by the Racquet Sports Facility and view pickleball play, in action.

Better yet, join in! Equipment and lessons are available. (Tennis or court shoes must be worn.) Pickleball round robin games are scheduled on Mondays and Wednesdays, 4-6 p.m.; Tuesdays and Thursdays, 6-8 p.m., Fridays, 9-11 a.m. and Saturdays, 9 a.m. to noon. Come see what all the fun is about!

OV

## PHOTO EXHIBIT: CALL FOR ART

On Friday, Sept. 28, at 10 a.m., the OV Arts Guild will mount a photographic exhibit about our pasts with a time frame starting around 1900 up to the 1970s. We are calling it “The Way We Were.”

This show is an Arts Guild “Members Only” show. Not a member? You can participate if you join or renew your membership on or before submissions are accepted for the show.

Please bring one or two photos to SCB at 10 a.m. on Sept. 28. Here are the specs for the show:

**What Determines Acceptance:** Something in the shot that is iconic of the era, such as clothing, hairstyles, auto make/model, decor, events ... something that indicates the time and place of the period of your photo.

**Photos:** Can be black and white, sepia or color from the later periods.



**Size:** Minimum image size is 8 by 10 inches. (Photos can be larger.)

**Frame:** Photos must be framed, wired and ready to hang. (No alligator hooks, please. They don’t work with our hanging system.)

You can scan, enlarge and print your photos at home or take them to Milford Photo or Staples where they will do it for you for a reasonable price.

**Membership Info:** Renewing members can place a check for \$15 made out to OV Arts Guild in the Arts Guild box at SCB.

**New members:** Please fill out a membership form (located on the voting table in the SCB lobby) and include it with your check. You don’t have to be an artist to join the Arts Guild. We welcome anyone who appreciates visual, auditory or performing arts.

Members attend Guild events free of charge (excluding classes).

OV

# ARTIST OF THE MONTH: JUDITH LESSLER

Story and photo by Carol King

Residents will be able to enjoy Judith Lessler's artistic talents this month during her premier art show. As the Artist of the Month for September, Judith's figure drawings will be among the works on view in the NCB foyer.

While this is a first-time showing of her work, Judith has been tapping into her artistic skills for a lifetime. "It is wonderfully gratifying to have my work on display," she says. "I've always enjoyed drawing, which I did for my own enjoyment. I like to do random sketches in pen and ink and pencil.

"Drawing is something you can do anytime, anywhere," she adds. "All you need is a pencil or pen and a sketch pad; it's a way of looking at things."

As a child, Judith enjoyed art classes at the Worcester (Mass.) Museum of Art. As a young mother, she used her skills to decorate her home, particularly creating fantastical renderings for her children. "I drew, freehand, a parade of Disney characters on the wall as decoration, which the kids enjoyed," she says. "But I didn't do anything formal with my artwork until about 2009."

Under the tutelage of gifted instructors, Judith enhanced her drawings by incorporating classroom lessons with her



keen eye and steady hand. "I was having trouble with foreshortening, which is representing the depth of a three-dimensional figure on a flat surface," she explains. "While spending a winter in Miami, I attended 'live model' classes and really loved learning about drawing and anatomy."

Later, while spending time in Manhattan, she attended classes at a Chelsea-based studio, drawing live models.

In 2014, she audited a "live model" class at Sacred Heart University in Fairfield. "I studied with Professor Lewis, who helped with the foreshortening of the model subjects that I sketched," she notes. "I got so much out of that. Professor Lewis is an excellent teacher and a very fine artist."

More recently, she has furthered her skills by attending classes offered by the OV Arts Guild. "I took two classes – basic drawing and portraiture -- with Martha Talburt, who an inspirational, motivated, insightful and supportive teacher," says Judith. "During the portrait class, Martha gave a wonderful insight on capturing the structure of peoples' faces; it is a basic foundation to drawing."

Judith and her husband, Stan, have been OV residents for about 10 years. "We spent many years in Fairfield before moving here," says Judith. "We liked the whole package of Oronoque Village -- we like the physical layout of the community and its proximity to our relatives. We also have access to many activities."

Judith is a member of the OV Arts Guild Board and has taken sculpture classes with Wendy Swain. "Wendy is a very fine teacher," she says, "Also, I enjoy Mary Lee Prussel's exercise classes and I volunteer as the alternate Maintenance Committee rep for District 9."

OV



New House & Garden notecards are now for sale in the Business Office

The cards feature a scenic photo from our community.

The cost is 3 cards for \$6  
6 cards for \$10

*Money raised goes toward improvement projects throughout the Village.*

# FEATURE: 14TH ANNUAL OV GOLF TOURNAMENT



Prize winner Bruce Blanchard with Golf Tournament Chair Judy Waldeyer Right, OV Golf Tournament players got a few shots in before the tournament was called off due to rain.



**Story by Dee Varholak ~ Photos by Marcia Klein**

“Rain, rain, go away, we all want to play golf today!” was the mantra you might have heard by 136 golfers as they arrived to the Oronoque Country Club on Monday, Aug. 13 ... Well, they might have wished it, but the weatherman ignored it and yes, the rains came and came and came.

Judy Waldeyer, chairperson, and her committee -- Marcia Klein, Bob Koritko, Camille Manzolli, Dee Tuozzoli and Dee Varholak -- considered calling one of the local Indian tribes that once lived in this Village to do some rain dancing but we suspected the Men's Club's Mohegan Sun Monday trips had that covered.

As the golfers arrived they signed in, received their gift bags filled with golf-goodies donated by over 55 sponsors, and then enjoyed a wonderful breakfast buffet. Raffle tickets were sold for prizes and a trifecta money raffle as well as a table filled with gift certificates, baskets of wine and other donated gifts. All raffles would be done during the Awards Buffet. Luckily, the remnants of a clear sky gave the players time for a putting contest -- just enough time

for Dawn Hallaman to win \$100.

As the golf carts left to start playing, everyone was optimistic about the R\*\*N ... well, not all of them! All 18 holes were manned by over 28 volunteers who were there to measure or do whatever was needed. The big prize was at the 12th hole where a 2018 Buick was parked, shining and waiting for the hole-in-one winner. Is this a good time for the bad news? No one won the car!

But, did it rain? No. It teemed, it poured, it flowed, it huffed and puffed. And all the golf carts turned around and that R\*\*N had no mercy for umbrellas or waterproof rainwear. But, here's the good news - Bruce Blanchard managed to find a rainless cloud on the 18th hole and hit his ball closest to the marker. He won a \$300 American Ex-

press gift card. Wa-hoo for you, Bruce! Maybe it was the same cloud when Fannie Conley was on the 7th hole and won the 50-50 raffle for landing on the green. Due to the weather, no other prizes were distributed. That day was truly a wash

## NOTICE TO TOURNAMENT PLAYERS

Those who signed up and played at the OV Golf Tournament on Monday, Aug. 13, may bring up to three guests (must be at one time) to play Tuesday - Friday or weekends after noon. The person who played in the golf tournament does not pay anything. Guests will pay \$20 cart fee only. This is valid for 2018 only and a tee time must be reserved with the pro shop before coming to play (Call 203-377-6307, option 3).

The pro shop has a list of names of the people who played in the tournament and they will be checking off names against this list.

For a couple who played, the same rules apply. The woman would be able to book a foursome (cart fee only for the three guests) and the man would be able to book a foursome (same cart fee only for the three guests).

If the couple wanted to play together and invite another couple, the outside couple pays the \$20 each cart fee, and that would remove both names from the pro shop list. No additional compensation is required.

**Continued on page 18**

# CALENDAR

**For the latest on OV news and events, go to [www.oroquevillage.com](http://www.oroquevillage.com) or OVTV. OVTV is Channel 591 for those with a cable box and Channel 121-591 for those without a box. O=Open / C=Closed  
RSF=Racquet Sports Facility**

## TUESDAY, SEPTEMBER 4

- 9:00 a.m. – Yoga for Seniors, SCB, C/R2 (O)
- 10:00 a.m. – Zumba Gold, NCB, Aud (O)
- 10:00 a.m. – Dollcrafters, NCB, Library (O)
- 10:00 a.m. – House & Garden Brd Mtg, NCB (C)
- 2:00 p.m. – Rummikub, SCB, Lounge (C)
- 2:00 p.m. – Men's Club Cards, SCB, C/R (C)
- 4:00 p.m. – Maintenance Committee, NCB (O)
- 7:00 p.m. – Funseekers General Mtg, SCB (O)
- 7:00 p.m. – Meditation, NCB, C/R (O)

## WEDNESDAY, SEPTEMBER 5

- 10:00 a.m. – Communications Committee, NCB, B/R (O)
- 2:00 p.m. – Men's Club Billiards, NCB (C)
- 4:00 p.m. – Pickleball Round Robin, RSF (O)

- 4:00 p.m. – Tennis Club Board Mtg, NCB, B/R (C)
- 5:00 p.m. – Poker, NCB, C/R (O)
- 6:00 p.m. – Jerry's Poker, SCB, C/R1 (O)
- 6:30 p.m. – Men's Poker, SCB, C/R (O)
- 7:00 p.m. – Book Club, NCB, Library (O)
- 7:30 p.m. – SAC Meeting, NCB, B/R (O)

## THURSDAY, SEPTEMBER 6

- 9:00 a.m. – Walking Group, NCB (O)
- 10:00 a.m. – Oil Painting Class, SCB, A/C Rm (C)
- 10:00 a.m. – Bocce, NCB (O)
- 10:00 a.m. – Quilters, NCB, C/R (O)
- 10:30 a.m. – House Committee, NCB (O)
- 1:00 p.m. – Dominoes, SCB, C/R2 (C)
- 1:00 p.m. – Ladies Mahjong & Cards, NCB, C/R (C)
- 1:30 p.m. – Bridge, NCB, Aud (C)
- 2:00 p.m. – Rummikub, SCB, Lounge (C)
- 4:00 p.m. – Arts Guild Meeting, SCB (O)
- 6:00 p.m. – Jerry's Poker, SCB, C/R1 (O)
- 7:00 p.m. – OVCA Candidates Night, NCB (O)

## FRIDAY, SEPTEMBER 7

- 9:00 a.m. – Low-Impact Exercise (Bring Weights), NCB (O)
- 10:00 a.m. – Farmers' Market, SCB Parking Lot (O)
- 10:00 a.m. – Table Tennis, SCB (O)
- 10:00 a.m. – Pickleball Round Robin, RSF (O)
- 10:00 a.m. – House & Garden Committee, NCB, B/R (C)
- 10:30 a.m. – Drawing Class, SCB, C/R (C)
- 5:00 p.m. – It's 5 O'Clock Somewhere, NCB (O)

## SATURDAY, SEPTEMBER 8

- 8:00 a.m. – Tennis Club Tournament & Brunch, RSF (C)
- 9:00 a.m. – Pickleball Round Robin, RSF (O)

## SUNDAY, SEPTEMBER 9: No event scheduled

## MONDAY, SEPTEMBER 10

- 9:00 a.m. – Low-Impact Exercise (Bring Weights), NCB (O)
- 9:30 a.m. – Architectural Committee, NCB (O)
- 10:00 a.m. – Conscious Aging, NCB, C/R (C)

## OV SNAPSHOT



*Thank you to Mary Ann Weaver for sharing this photo of her strawberries and cream tree in full bloom.*

- 11:30 a.m. – Chair Yoga, NCB, Aud (O)
- 4:00 p.m. – Pickleball Round Robin, RSF (O)
- 6:45 p.m. – Bridge, NCB, C/R (O)
- 7:00 p.m. – Beginner Bridge Group, NCB, Library (O)
- 7:00 p.m. – Bulls & Bears, SCB (O)

## TUESDAY, SEPTEMBER 11

- 9:00 a.m. – Yoga for Seniors, SCB, C/R2 (O)
- 10:00 a.m. – Dollcrafters, NCB, Library (O)
- 10:00 a.m. – Zumba, NCB (O)
- 10:30 a.m. – Watercolor Class, SCB, A/C Rm (C)
- 2:00 p.m. – Men's Club Cards, SCB, C/R (C)
- 2:00 p.m. – Rummikub, SCB, Lounge (C)
- 7:00 p.m. – Meditation, NCB, C/R (O)

## WEDNESDAY, SEPTEMBER 12

- 9:30 a.m. – Line Dancing, beginners, NCB (O)
- 10:00 a.m. – Line Dancing, NCB (O)
- 10:00 a.m. – Current Events, SCB, C/R (O)
- 2:00 p.m. – Men's Club Billiards, NCB (C)
- 4:00 p.m. – Pickleball Round Robin, RSF (O)
- 5:00 p.m. – Poker, NCB, C/R (O)
- 6:00 p.m. – Jerry's Poker, SCB, C/R1 (O)
- 6:30 p.m. – Men's Poker, SCB, C/R (O)

## THURSDAY, SEPTEMBER 13

- 9:00 a.m. – Walking Group, NCB (O)
- 10:00 a.m. – Bocce, NCB (O)
- 10:00 a.m. – Oil Painting Class, SCB, A/C Rm (C)
- 1:00 p.m. – Dominoes, SCB, C/R2 (C)
- 1:30 p.m. – Bridge, NCB, Aud (C)
- 2:00 p.m. – Rummikub, SCB, Lounge (C)
- 2:00 p.m. – Writers Group, NCB, C/R (O)
- 6:00 p.m. – Jerry's Poker, SCB, C/R1 (O)

## FRIDAY, SEPTEMBER 14

- 9:00 a.m. – Low-Impact Exercise (Bring Weights), NCB (O)
- 10:00 a.m. – Farmers' Market, SCB Parking Lot (O)
- 10:00 a.m. – Table Tennis, SCB (O)
- 10:00 a.m. – Pickleball Round Robin, RSF (O)
- 10:30 a.m. – Drawing Class, SCB, C/R2
- 10:30 a.m. – Ladies Bible Study, NCB, Library (O)
- 7:00 p.m. – Movie: *Book Club*, NCB (O)

## SATURDAY, SEPTEMBER 15

- 9:00 a.m. – Pickleball Round Robin, RSF (O)
- 6:00 p.m. – Weekenders event, NCB (C)

## SUNDAY, SEPTEMBER 16

- 3:00 p.m. – Pletman Concert, NCB (O)

## MONDAY, SEPTEMBER 17

- 9:00 a.m. – Low-Impact Exercise (Bring Weights), NCB (O)
- 10:00 a.m. – Conscious Aging, NCB, C/R (C)
- 10:00 a.m. – Paper Mache Class, SCB A/C Rm (C)
- 11:30 a.m. – Chair Yoga, NCB, Aud (O)
- 1:30 p.m. – House & Garden Club Mtg, SCB (O)
- 4:00 p.m. – Arts Guild Planning Committee, NCB (C)
- 4:00 p.m. – Pickleball Round Robin, RSF (O)
- 6:45 p.m. – Bridge, NCB, C/R (O)
- 7:00 p.m. – Beginner Bridge Group, NCB, Library (O)
- 7:00 p.m. – OVCA Board Meeting/Election, NCB (O)

## TUESDAY, SEPTEMBER 18

- 9:00 a.m. – Yoga for Seniors, SCB, C/R2 (O)
- 10:00 a.m. – Dollcrafters, NCB, Library (O)
- 10:00 a.m. – Zumba, NCB (O)
- 2:00 p.m. – Men's Club Cards, SCB, C/R (C)
- 2:00 p.m. – Rummikub, SCB, Lounge (C)
- 7:00 p.m. – Meditation, NCB, C/R (O)

## SAVE THE DATES:

**Funseekers November Pre-Holiday Bash:** Saturday Nov. 17. A catered dinner starting at 6 p.m. at SCB. Appetizers and dinner will run until 7:30 p.m., followed by Bob McArthur, renowned Neil Diamond impersonator. Prices will be determined, but subsidized for Funseekers members.

**SAC Sock Hop:** Saturday, Oct. 27.



# FITNESS FOR OLDER ADULTS

## UNILATERAL EXERCISE

By Ed Genga, MA, CSCS

You may have seen “unilateral training” mentioned in a fitness magazine or overheard a trainer talking about it at a gym, and you might have wondered: What exactly is unilateral training? Is it something you should be including in your workouts? Or could it be that you're already doing it, but just didn't know what it was called?

While it might sound complicated at first, the concept of unilateral training is actually very simple. This type of workout involves training one side of the body instead of focusing on both sides at the same time, a practice that is also referred to as bilateral training.

For example, instead of doing bicep curls with both arms moving in unison, you would perform a set of curls with just one arm, then switch to the other side.

Why would you want to do this? Wouldn't you use more muscle and save time by working both sides at the same time? As it turns out, giving each side of our body your undivided attention can be very beneficial.

### 5 Benefits of Unilateral Training

1. *Balances out your training.* We all have one side that's stronger than the other. Unilateral training helps to strengthen the “weaker” side by recruiting it to do all of the work.

Because we have dominant sides and muscle imbalances, unilateral training is a great way to balance out strength discrepancies or movement pattern issues, increasing strength in a side that is weaker.

Let's use the bicep curl with a barbell as an example. Odds are, you have one arm that is stronger than the other, usually the side of your body with your writing/dominant hand, which may end up taking control and pulling more of the load than your weaker side in order to curl the barbell. This

can lead to a lot of imbalances in strength and muscular function without you realizing it. When you switch it to a single-arm dumbbell bicep curl, you force the bicep muscle on that arm to do all of the work without the other side of the body compensating for any natural imbalances.

2. *Improves your balance.* When you're working one side, the body is naturally forced to work harder on balance to compensate for the disparity of weight. Balance is a very important part of training and life. Unilateral training forces us to focus, engage and stabilize as we exercise.

3. *Adds an additional core challenge.* The importance of a strong core cannot be overstated, and unilateral training is a valuable tool in helping build a powerful midsection. When

doing exercises that focus on one side at a time, the offset weight makes it more difficult to stay upright, adding some extra core stability work.

When you train only one side, your core has to compensate to stabilize, and to do this you must really engage the abdominal muscles.

4. *Adds more challenge to strength training.*

If you want to add some resistance to your strength regimen without carrying a lot of extra weight, unilateral training incorporates an element of challenge without running the risk of a load-bearing injury.

When training squats, for example, advanced trainees may require significant weight added to the bar in order to continue making progress with both legs. When they switch to a single-leg squat or rear-foot-elevated squat, they will be able to get a similar challenge by holding dumbbells without the higher risk of heavy weights resting on their back.

5. *Improves functionality for activity performance.* Whether you're a runner, walker or swimmer, as a certified strength and conditioning specialist, let me say that unilateral training can help improve your functional ability.

Since most activities are performed off one leg at a time such as walking and running, it makes sense to train one leg at a time. Unilateral training has shown to increase strength in the “unused” side of the body, as well. Training one limb can cause a strength increase in the other limb. This is known as cross-education. As each limb starts to become stronger, your balance and coordination will naturally improve. 



## CURBSIDE PICK UP ON MONDAYS

Please remember that curbside pick up occurs every Monday. Residents may put bags out for pick up beginning Sunday evening. Those residents who prune trees or shrubs, or work in their garden by weeding, etc., are asked to place the debris in paper bags only.

Plastic bags will not be accepted as the use of plastic bags raises the cost of disposal.

*Ed Genga is an Oronoque Village resident and a fitness professional with more than 35 years of experience in a wide variety of industry disciplines including club management, corporate wellness, group fitness, college-level athletic coaching, personal training, phase 3 cardiac rehabilitation and exercise for cancer patients. You may submit questions about exercise to Ed at eegenga@gmail.com*



## UPDATES FROM OCC

By Nancy Blagys, OV Representative on the OCC Board

There is a pond on the third hole at OCC which the golfers have to hit across it to get to the green. Agawam Drive and Boxelder Lane are on the pond.

Recently I saw two divers going into the pond to recover golf balls. Can you guess how many they recovered?

I talked to the divers upon the completion of the hunt for golf balls and they collected approximately 3,700. Wow! That is a lot of golf balls and how many were new? They will now be made to look like new and sold as second-hand golf balls.

The pump station between holes 10 and 11 is being installed and there will be a building built around it to protect it from the weather. The plans have been submitted to OV for approval.

Please do not walk on the golf course between 7 a.m. and 8 p.m. We do not have the right of way on the cart path during that time.

Here are the OV winners from OCC Championships:  
Pete DeLuca, 8th place, Men's Championship Flight  
David Rhieu, 2nd place, Men's White Tees, Flight 1  
Richard Pucciarello, 4th place, Men's White Tees, Flight 2  
Karen Kiely, 2nd place Ladies Championship Flight

The three-day Member/ Member Tournament was held the weekend of Aug. 17 -19; 120 OCC members participated. Here are the winners from OV:

Nicholas Flight: Charles Desiena, 2nd place  
Tiger Flight: Jim Schlenk, 3rd place  
Lopez Flight: Kathy Dube, 3rd place.

Congratulations to all.



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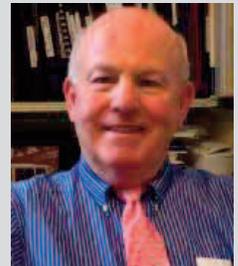
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## OV SNAPSHOTS



*Thank you to our resident photographers for submitting scenes of our community. Left, Fred Strassburger took a photo of an egret who came to visit his southside home. Right, a rainbow over the pickleball courts was captured by Dina Glantz.*

## GOLF TOURNAMENT/FUNDRAISER

### Continued from page 13

weatherwise, but a true golfer will always say, "It never rains on the golf course!" It was a tough call to make, but Mother Nature won and the tournament was called off.

When all the players returned to the country club the announcement was made that there would be plans for complimentary rounds of golf to each player. All will be notified and they rescheduled the cocktail party to 3 p.m. and dinner at 4:30 p.m. giving players time to get dry clothing and return in time for all the fun stuff.

It's important to know that the last over the last 13 years, each tournament has been a fundraiser event. This year it supported two local charities: The Center for Family in Bridgeport, which supports women and children suffering from domestic violence, and the Kennedy Center, in Trumbull, a comprehensive rehabilitation facility that supports 2,400 individuals with vocational, residential, educational, therapeutic social and recreational programs and services.

Judy and the committee have helped raise in excess of \$20,000 for charities in the local area through entry fees, raffle prizes and private donations since 2004.

Carolyn Novotny, a volunteer, collected over \$350 from golfers to continue the work of the Dollcrafters of Oronoque

Village. This group constructs and sews adorable dolls to comfort children in situations resulting from domestic violence, fires and other traumatic incidents.

The rest of the day and evening banquet were excellent. The mood was sunshine all over again and all were looking forward to next year.

A special thank you to all the sponsors, donors, volunteers, Nels Nelson, golf pro professionals, food staff, Dollcrafters, OV office staff: Linda Arvers, Liz Choma, Carol King, Diane Roche, Executive Director Fred Rodriguez Director of Maintenance Operation Mark Rhatigan.

We will be back next year, on Aug. 12, for the 15th annual tournament and to take on Mother Nature.

**OV**

**Visit our website at  
[www.oronoquevillage.com](http://www.oronoquevillage.com)**

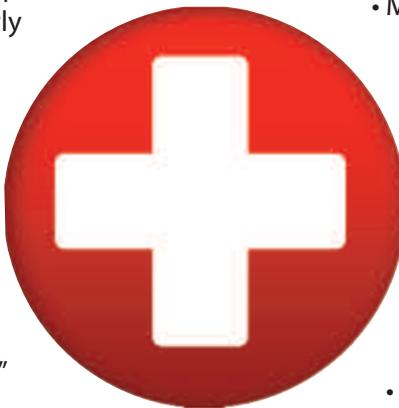
## EMERGENCY ROOM VERSUS WALK-IN CENTERS

By Mary W. Haynes, RN, MS

We have all wondered when should we go to a walk-in center or go directly to the emergency room. Recently, a mailing came through from Bridgeport Hospital which I felt would be helpful to us.

Go directly to the ER or call 911 for the following:

- Severe abdominal pain
- Allergic reactions that are progressing rapidly or are associated with any breathing or swallowing trouble
- Amputated fingers, toes and other extremities
- Bleeding that does not stop after applying pressure for 10 minutes; bleeding in an elderly person, or someone taking a blood thinning medication
- Burns larger than the person's palm that look gray or white; burns that go all the way around an area, such as a wrist, arm, leg, etc.
- Chest pain or pressure
- Coughing up, or vomiting, blood
- Deformed extremity (an arm, leg, etc.) or body part that suddenly "doesn't look right"
- Suspected dehydration
- Sudden severe headache
- Suspected heart attack
- Poison ingestion
- Severe vomiting or diarrhea, especially if blood is present
- Signs of stroke (sudden weakness or numbness on one side of the body or face, sudden speech difficulties, trouble seeing, sudden headache, dizziness)



A walk-in center can likely meet your needs for:

- Bee stings, if no wheezing
- Bleeding that stops within 10 minutes
- Broken bones, x-rays
- Burns that are smaller than the person's palm and look red
- Cold and flu symptoms
- Ear infection and ear pain
- Headache that has been ongoing (not sudden onset)
- High fever (104 and under)
  - Long-lasting cough
  - Mild abdominal pain
  - Nausea
  - Nose bleeds or any bleeding, except an elderly person or someone taking a blood thinner
  - Rashes, red patches and bumps on the skin
  - Sprains
  - Stitches
  - Suspected concussion
  - Suspected tick bite
  - Vomiting
- Warts

If the physicians at the walk-in center determine that the situation should be handled at the hospital, they will call an ambulance to transport the patient to the ER.

Hopefully, these guidelines will be helpful in determining where to go for certain injuries and illnesses.

However, never hesitate to call 911 for any problem. **OV**



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# BEYOND THE VILLAGE

The Holy Cross Church annual picnic takes place Sunday, Sept. 9, from noon to 6 p.m. at 750 Tahmore Drive in Fairfield.

Food offerings (made by parishioners) will include roast pork or lamb dinners, kielbasa and sauerkraut, cabbage and noodles, palacinka (filled crepes), cevapcici (ethnic sausages), stuffed cabbage, cheeseburgers and liver with bacon and onions as well as apple strudel and other baked goods.

Live music will be provided by The Polka Quads. This rain-or-shine event will include children's activities, vendors and a raffle. For info, call 203-372-4595.

The Dressing Room Theatre in Stamford presents "The Foreigner" Sept. 20-Oct. 7. The scene is a fishing lodge in rural Georgia where "Froggy" LeSeuer, a British demolition expert, runs training sessions at a nearby army base. This time "Froggy" has brought along a friend, a pathologically shy young man named Charlie, who is overcome with fear at the thought of making conversation with strangers. So "Froggy," before departing, tells all assembled that Charlie is from an exotic foreign country and speaks no English. Once alone the fun really begins, as Charlie overhears more than he should:

the evil plans of a sinister, two-faced minister and his redneck associate; the fact that the minister's pretty fiancée is pregnant; and many other damaging revelations made with the thought that Charlie doesn't understand a word being said.

To purchase tickets, call the box office at 203-461-6358 or visit [www.curtaincallinc.com](http://www.curtaincallinc.com). The theater is located at 1349 Newfield Ave.

"Mamma Mia" is being performed at the Kveskin Theater in Stamford Sept. 14-Oct. 13. ABBA's hits tell the hilarious story of a young woman's search for her birth father on a Greek island paradise. Over 54 million people all around the world have fallen in love with the characters, the story and the music that make "Mamma Mia" the ultimate feel-good show! A mother. A daughter. Three possible dads. And a trip down the aisle you'll never forget! This sunny and funny tale unfolds on the eve of the daughter's wedding. Her quest to discover the identity of her father brings three men from her mother's past back to the island they last visited 20 years ago. To purchase tickets, call the box office at 203-461-6358 or visit [www.curtaincallinc.com](http://www.curtaincallinc.com). The theater is located at 1349 Newfield Ave.

OV



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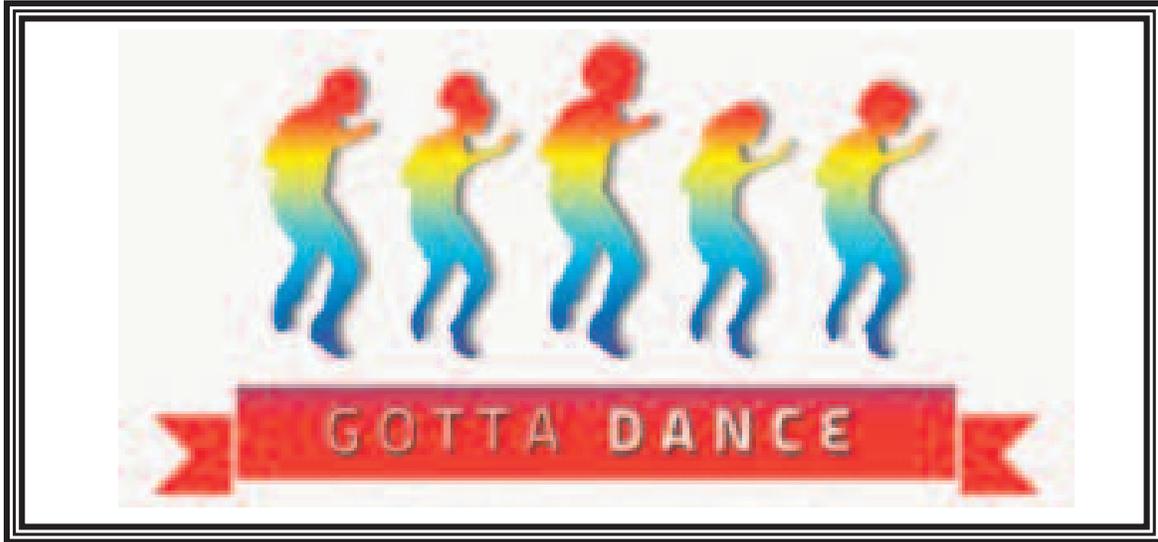
We have Good News!

In 2014, MAJOR changes were made regarding **Title 19/Medicaid**. If you own bank accounts, IRAs or investment accounts, you need to learn about these changes. With professional planning, you may be able to keep your hard-earned assets from being confiscated by a nursing home.

Without knowing about these changes, you could end up losing a large portion -- if not all -- of your assets. For more information, call **203-375-2200**. We can provide a **Free Report** for you to review.

We provide assistance in filing for Veterans Pension Benefit/Aid and Attendance. The maximum benefit is up to 24,626.00 a year Tax-Free.

The military qualifications for the veteran require only 90 days of service, one day of wartime service and an honorable discharge. For further information, contact **ADZIMA FUNERAL HOME** at 203-375-2200.



## LINE DANCING CLASSES RESUME ON SEPT. 12

Weekly line dancing classes resume on Sept. 12. Weekly classes are offered on Wednesdays at NCB. Beginner classes are at 9:30 a.m. Classes for all levels take place at 10 a.m.



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**Proud to offer  
10% discount for seniors**

\*New patients only. Must be paid in full at time of visit. 1 per person. Not applicable for senior citizen discount. 48 hours cancellation required.



**Watercolor Workshop with Jill Nichols**  
**Tuesdays 10:30 a.m. - 12:30 p.m. / SCB Arts and Crafts Room**  
**Ten Weeks starting September 11th**

Enjoy exploring different ways of painting with watercolor.  
Demos, still-life set-ups and work from your own photo.

Cost for the class is \$100. Please make your check out to Jill Nichols and place in the Arts Guild Box in the SCB Lobby.  
Questions? Call Barbara Stewart at 203-612-1373

*Jill Harrington Nichols' painting career emerged from a commercial art background at the crest of the millennium. Initially jumpstarted under the tutelage of several prominent artists she went on to earn an MFA in painting at Western Connecticut State University. Imbuing paints with color and light, Nichols captures her profound reverence of nature and unveils the wonders found in daily encounters. Her distinctive brush strokes add a directness and freshness over the broad range of her subject matter. Her work is exhibited nationally in museums and galleries. Her paintings are in many notable collections, including the permanent collection of Yale New Haven Health and former Director of the FBI, James Comey. For more information, please visit [www.jillnichols.com](http://www.jillnichols.com)*

**OV Karaoke Club**



No fees or dues  
No commitments  
Just fun!

Join us for our September event on **Friday, September 21**, in the South Clubhouse Auditorium from 7-9pm.

Open to all Oronoque residents. Sorry we had to skip August, but you should be rested and ready to go for September!

No need to RSVP...just come on over, grab a seat, and either watch or join the fun by putting in a song or two!

**BYOB and refreshments**

## Fall Cocktail Reception Presented by SAC

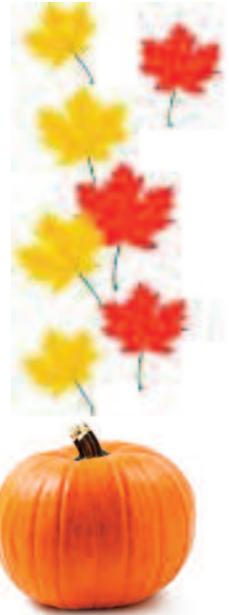
Sunday, September 23, 3 to 5 p.m., at NCB

*Please come to mingle with your neighbors  
and meet our newest residents*

*Hot and cold hors d'oeuvres will be served  
with wine and soft beverages*

\$10 per person.

??? Call: Pat: 203 375-1788 or  
Celeste: 203 520-4569



Please drop your check  
in the SAC box at NCB  
by September 18

**JOIN US FOR  
"IT'S 5'O'CLOCK SOMEWHERE"  
ON THE FIRST FRIDAY OF THE MONTH  
AT NCB at 5 P.M.**

**BYOB \* Relax and Mingle \*  
Drop By With An Appetizer to Share**

***Looking forward to  
seeing you at 5 P.M. at NCB  
on September 7!***

***Hosted by SAC***

## *House & Garden Club Meeting, Monday, Sept. 17, 1:30 p.m. at SCB*



The House and Garden Club will present a speaker from Lockwood-Mathews Mansion Museum in Norwalk. The mansion is regarded as one of the earliest and most significant Second Empire Country Houses in the United States. It was built by renowned financier and railroad tycoon LeGrand Lockwood from 1864-1868. After his death, it was sold to Charles D. Mathews in 1876. With its unique architecture and interiors, when it was threatened with demolition in the 1960s, preservationists

saved the building, and restored it to the splendor of the Victorian Era. It was named a National Historic Landmark in 1971.

Come and learn more about our local history and see some friends after the summer break.

Coffee or tea and dessert will be served after the program. There will be a small fee for guests, who are always welcome. Please remember that annual dues are payable at this time.

### **The Oronoque Village Book Club meets at 7 p.m. on the first Wednesday of the month at NCB.**

**All Villagers are welcome.**

**Need a ride or information? Call Hinda at 203-385-3855.**

The book for **Sept. 5** is *The Prize Winner of Defiance, Ohio* by Terry Ryan.

The book for **Oct. 3** is *The Girl Who Wrote in Silk* by Kelli Estes. Inspired by true events, Kelli Estes's brilliant writing is a touching and tender story about discovering the past to bring peace to the present. The novel sheds light on a dark period of Seattle history that will interest those who are seeking unusual historical details long hidden from history books



As with the best of historical romance, the author gives us not only a love story, but lots of history, this time the history of Seattle. The interconnection of two women a century apart is the center of this tragic and yet uplifting novel.

## The Movie Club Presents *BOOK CLUB*

**Friday, Sept. 14, at 7 p.m. at NCB**

**Friday, Sept. 21, at 2 p.m. at SCB**

**\$1 admission includes popcorn**

**(Please note schedule change -  
there is no Wednesday matinee this month)**



The Movie Club was founded by Len Learner and is sponsored by Marcia Klein, Dee Tuozzoli and innumerable volunteers.

Diane (Diane Keaton) is recently widowed after 40 years of marriage. Vivian (Jane Fonda) enjoys her men with no strings attached. Sharon (Candice Bergen) is still working through a decades-old divorce. Carol's (Mary Steenburgen) marriage is in a slump after 35 years.

Four lifelong friends' lives are turned upside down to hilarious ends when their book club tackles the infamous *Fifty Shades of Grey*. From discovering new romance to rekindling old flames, they inspire each other to make their next chapter the best chapter.

## ANITA KARASU TO OFFER NEW PAPER MACHE SCULPTURE CLASS



**Anita Karasu will begin a new 6-week paper mache sculpture class on Mondays beginning September 17. This class is fun, a bit messy and creative.**

**No experience necessary - Anita will give step by step instructions to help you create a sculpture out of paper, tape, and aluminum foil.**

**Where: Arts and Crafts Room in the SCB**

**Price: \$50.00**

**Day: Mondays starting September 17**

**Time: 10 a.m. -12 p.m.**

**Please make checks payable to Anita Karasu and place them in the OV Arts Guild Box in the South Clubhouse. Class size is limited to 10.**



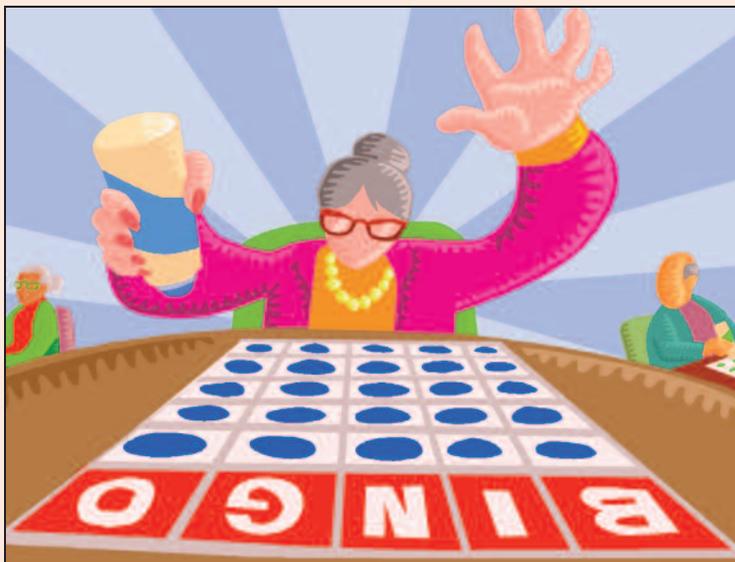


**MEN'S CLUB TRIP TO MOHEGAN SUN  
MONDAY, SEPTEMBER 24  
DEPARTING REAR OF SCB AT 1 P.M.  
LEAVING CASINO AT 8:30 P.M.  
COST PER PERSON: \$25**

**A check made out to Oronoque Village Men's Club is your reservation. Please place check in the Men's Club box in the North Clubhouse. Questions? Call Sandy Lunt: 203 377-5833 or Jerry Brown: 203 378-7781**

Refreshments  
will be served

Open to all



Questions?  
Call Sandy Lunt  
203-377-5833.

**Bingo: Presented by the Men's Club**  
Thursday, September 20  
at 7:00 pm at SCB

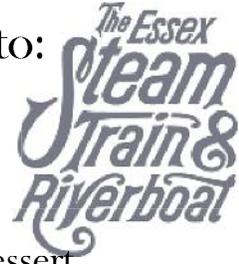
Come and bring your friends. Cost: \$2.50/card

# ORONOQUE HADASSAH

All are Invited to Join Us

Wednesday October 17, 2018 On a Bus Trip to:

Lunch at the Griswold Inn at 11:30 AM followed by a trip  
Through the Connecticut country side on the Essex Steam  
Train & River Boat.



Menu: Choice of Salmon or Sliced Sirloin includes: Salad, Dessert,  
Coffee/Tea.

**\$85.00** Per person Check payable to "Hadassah" (Include choice of  
entree) Place check in Hadassah box at North Community Building no  
later than October 5.



Bus will leave South Parking Lot at 9:45 AM.

Questions call Arlene:203-345-1196,

Gladys: 203-380-8866, Barbara: 203-378-7781



**Oronoque Village**

**Farmers' Market**

**Fridays,**

**South Clubhouse Parking Lot**

**10 AM to 1 PM**

**Fresh vegetables, fruit, honey, greens, jams and preserves,  
plants, freshly baked breads, pastries, flowers,  
Oronoque Farms pies, soaps and more!**



ACCESS EVERYTHING YOU NEED,

*every time you need it.*

Enjoy more access to your kitchen with custom pull-out shelves for your existing cabinets.

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EVERYTHING WITHIN REACH™

50% OFF INSTALLATION\*

Oronoque Village  
References Available  
Alex Modica, local owner



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