

October 1, 2019



THE VILLAGER



FEATURE

10 Holson Tournament



FEATURE

12 Artist of the Month



FEATURE

12 Funseekers Recap



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Thanks to Carol Guglielmino for contributing the cover photo. The Villager welcomes photos to be considered for cover placement. Submissions must be emailed as high-resolution jpeg images to cking@oronoquevillage.com.

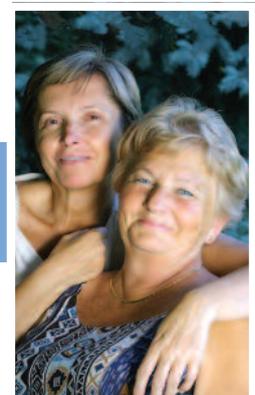
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A MESSAGE FROM THE OVCA PRESIDENT

This column originally was distributed to residents as an Eblast on Friday, Sept. 20, 2019.



STATE OF THE VILLAGE ADDRESS

It is my pleasure to present to you an Oronoque Village Condo Association (OVCA) summary of our 2018-2019 year. The famous saying, "It takes a Village," couldn't be more true. The use of the word "we" refers to our dedicated board as well as the many committee members and volunteers who have provided us with leadership. So here is our year in review...

Continuing to Utilize Best Business Practices: A significant amount of work has been made this past year.



THE VILLAGER

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Please direct all questions regarding *The Villager* to Editor Carol King. Resident submissions of 500 words or less are welcome and will be considered for publication. Articles will be published as space allows. Submissions pertaining to OVCA-, OVTD- and resident-related matters are given priority. Villager articles are edited to conform to the standards of the Associated Press Stylebook.

The Villager is published by the Communications Committee of The Oronoque Village Condominium Association. Disclaimer: All advertisers are paid submissions and *The Villager* makes no representation of their credibility. Neither OVCA nor OVTD discriminate in the use of facilities by resident groups.

In the Business Office, new software was installed which significantly improved our accounting and financial capabilities efficiencies.

There has been a dedicated effort to educate new district and alternate representatives as they join the board.

Posted on the Oronoque Village website under the Documents heading, our Bylaws were updated and received formal approval from our residents.

Our Rules and Regulations were updated.

A compliance process and an Ad Hoc Compliance Committee was created, which will now provide a formal process for resident complaints.

A ban on drones and live streaming was approved.

A more robust loss prevention/risk management program was implemented. Our loss ratio from 2018 to 2019 is as follows: *Property loss*: down from 68 percent to 32 percent; *Liability loss*: down from 205 percent to 74 percent; *Package loss*: down from 104 percent to 37 percent.

While our insurance premium has significantly challenged the 2019-20 budget, with a combination of operational efficiencies and belt tightening, our residents have not been impacted by service.

Ten percent was saved on our replacement of wood siding, outside painting and staining due to a competitive bidding process.

Our two boards (OVCA and OVTD) continue to communicate with the Oronoque Country Club (OCC) regarding standing water concerns. We will not stop in our efforts to resolve these and other issues. Our goal is to work together for the benefit of both OV and OCC.

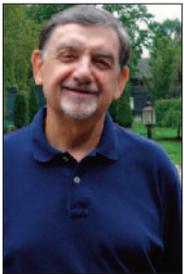
Our condo association is also working with OCC to identify opportunities to enhance their business.

OCC has been in search of a new general manager and just announced that Tommy Miller was hired as general manager as of Oct. 1. We are very encouraged and pleased that OCC has been able to fill this key leadership position. Tommy and Denis Petruzzelli, OCC's grounds superintendent, previously worked together at The Country Club of Woodbridge.

The Human Resources Committee met with all of the employees last December. Our committee is working with our administration to develop and nurture opportunities for employee training in areas that will be needed for anticipated positions. All of our employees participated in a customer-service training session this past May. Our employees gave us positive feedback about the training. We will continue to provide these types of opportunities to our valued employees.

Continued on page 13

ORONOQUE VILLAGE ROADS: A LOOK AT OUR ROAD REPAVING PROGRAM



By Pete Penny, Chair, Roads Committee

In its strategic planning session in July, the members of the OV Tax District committed to communicating more with residents via *The Villager*. This is the first in a series of articles about how OVTD impacts Village life.

An important area of OVTD's responsibilities is the maintenance of Village roads, walkways, parking lots and driveways. This article is an overview of roads and our current repaving program, as well as a brief look into our walkway replacement program.

Oronoque Village consists of 10 miles of roads, 12 miles of walkways and seven miles of driveways and secondary parking. The original plan was to pave all roads within 20 years. So, if your road was paved in 2000, you'd expect the next paving in 2020. But OVTD has been running at a modest surplus, and we used part of it to accelerate the paving schedule from 20 years down to a 10-year cycle. As we progress, we will be doing as much as possible depending on weather and budget constraints.

As of the start of repaving four years ago, 55 percent to 60 percent of the repaving has been completed. The program was interrupted to accommodate the United Illuminating Company's update of some underground electrical cable. You notice that we don't have above-ground utility poles. The Northside UI work has been completed. The schedule for updating the southside is currently being developed by UI. Matters such as this, while beyond our control, can impact the paving schedule.

So, how will the road repaving progress from here? We have hired Falcon Engineering to provide plans and specs, initial cost estimates, assistance in the bidding and selection process and project management services. Falcon is a major engineering company capable of bringing us the expertise and the long-term value we are seeking.

The area of first priority is Osage Lane. This road has had a storm sewer collapse followed by some water-supply breaks. The plan is to take up most of the road to inspect/repair/replace the storm sewers and the water supply piping before additional contamination occurs.

The next areas of priority will be Onondaga, Old Knife, Poodatook and Sioux Lanes. As part of our comprehensive paving program, we will be repaving driveways, parking spots and curbs, not just roadways. Also, as

needed, we supplement although, repaving with crack repair and patching. In order to prevent breakage during the winter season, we use cold patch and seam repair.

As curbs are replaced, through both the repaving program and repair from winter plow damage, the style we are using is called the "Cape Cod" style of curb which has a face that slants away from the roadway and is more tolerant of the impact from a snowplow blade.

Part of our road program is to identify and replace walkways that have been judged to be unsafe. Our OV Maintenance Department, working with the Loss Prevention Department of People's Insurance, has identified 73 such walkways. An unsafe walkway is characterized as being, well, unsafe due to damage from tree roots, ice heaving, settling, etc. To date, 47 walkways have been replaced.

In the future we may be replacing the walkways with synthetic material instead of asphalt. The synthetic material is "pervious," which means that water does not settle on it and it absorbs heat, causing snow to melt more quickly. We have been testing a synthetic walkway installed on Huron Lane, which has successfully survived two winters. The cost of this type of walkway is about 35 percent more than asphalt.

Let's now put ourselves into the future. Our roads have been paved and someone comes along and starts digging one of them up. "What's wrong with these people?" you ask. Let's look at what is under our roads: storm sewers, sanitary sewers, water supply pipes, gas lines, cable TV and electric cables. Can we predict failure? Not so easy. We have an ongoing program to inspect storm sewers with a camera-on-a-cable to see excess tree roots, debris build-up or cave-ins. Sanitary sewer failures usually happen close to the units and are difficult to predict. They are usually caused by too much stuff in the lines, tree roots or age. When a break is repaired maintenance does a follow-up. There currently is no program to inspect gas or water lines, although our Executive Director continues to pursue the utilities to do that.

So, you can see, it sometimes becomes necessary to "dig if we must."

For now, we strive to bring to you the smartest and the most economically efficient updates to all of our roadways.

OV

ANNOUNCEMENTS

NOTICE:

The North & South Clubhouses will be closed from 9 a.m.- 5 p.m. on Saturday, Oct. 12, for carpet cleaning

DISTRICT 3 MEETING UPDATE

District 3 will meet on Oct. 2 at 6 p.m. at SCB. Dinner will be served. There is a \$10 fee for guests. Call Stephanie Fians at 203-258-7445 for details.

DONATIONS SOUGHT FOR HOUSE & GARDEN TAG SALE

Residents who plan to travel during the winter months are asked to check their closets for items to donate to the House & Garden Tag Sale, which will take place in April 2020. If you have questions or items to donate, please call Irene at 203-377-3980 or Merrilees at 203-378-8753.

HOSPITALITY COORDINATOR WANTED FOR FUNSEEKERS BOARD

Funseekers will have an open position on its Board of Directors as of Jan. 1, 2020. The hospitality coordinator is responsible for planning and providing refreshments at each Funseekers event; attending monthly board meetings to report on refreshments to be served at the next event; maintaining a set of keys to the club's cabinets in the kitchen and restocking cabinets as needed.

We are seeking that special person to fill this critical position. Please contact Joann Arlia (203-521-9153) if you are interested.

BRIDGE LESSONS FOR BEGINNERS

Bridge lessons for beginners and those who want to renew their skills are offered on three consecutive Mondays, beginning Oct. 7, from 7-9 p.m. in the lounge at NCB.

Instructors Wendy Swain and Barbara Stewart invite residents to join the fun and play with an active group. You don't need a partner, just an interest.

Evaluation of the hand, bidding, playing the cards

and scoring will all be included in the lessons.

Class is limited to 12 people. The cost is \$30 per person. To sign up, email wendysw10s@gmail.com. The deadline to RSVP is Oct. 3.

ARTS GUILD OFFERS DRAWING CLASSES WITH JILL NICHOLS

The OV Arts Guild is pleased to, again, offer drawing classes with instructor Jill Nichols. This class is appropriate for all skill levels. Here's a chance to learn to draw or to hone your drawing skills over a six-week period. Classes will be held on Thursdays from 10 a.m. to noon in the SCB back card room, beginning on Oct. 17 and ending on Nov. 21.

Lessons will explore the elements of drawing such as line, value, texture, form and space. Students will work with pencil and sketchpad, and will learn to really "see" what is before them. Lessons will include demonstrations, photographs, still-life setups and a live model. Class size is limited to 10 students and each student will receive individualized attention.

If you are interested, contact Barbara Stewart at barbsmt@yahoo.com or 203-612-1373. If space available, you can secure your spot by depositing your check, made out to Jill Nichols, in the Arts Guild Box at NCB. The cost is \$110.

Jill is a seasoned instructor for students of all ages. She teaches art at the University of New Haven and at the Derby Senior Center. Her work is exhibited internationally at the Vatican Observatory Museum and in many notable collections, including Yale New Haven Health and former FBI Director James Comey. More information can be found on her website, www.jill@jillnichols.com.

FUNSEEKERS IS PREPPING FOR A PRE-HOLIDAY BASH

Planning is underway as the Funseekers Board prepares for its annual Pre-Holiday Bash.

This year's event will be held on Saturday, Nov. 23, at SCB with doors opening at 5:15 p.m. Upon arrival, attendees will snack on cheese and crackers, followed by a superbly delicious catered dinner and table-served desserts.

The evening will continue on the dance floor with music provided by Village resident, "DJ Chris" Albino. Details, costs and sign-up information will appear in the Oct. 15 issue of The Villager. This event is limited to 170 members.

MEET THE CANDIDATES

OCT. 24 CANDIDATES' MEETING, ELECTION INFORMATION

By Janet Clayman

Nov. 6 is Election Day. This is a local election for Town Council members for District 8 (South) and District 9 (North), Board of Education members and other offices, depending on the district. A sample ballot is available on the Town of Stratford website page (www.townofstratford.org).

The League of Women Voters and the OV Men's Club will present a Candidates' Meeting on Thursday, Oct. 24, at 7 p.m. in the North Clubhouse so that residents can meet the Board of Education candidates and ask questions of the council candidates. Please plan to attend if you can.

Oronoque welcomes many new residents. With the effort of getting settled and enjoying all the new activities, it is easy to forget to change your voter registration to your new address. This can be done online if you have a driver's license or other government-issued document. Do an online search for "Connecticut Online Voter Registration" and complete the information. The information will go to our local Registrar of Voters.

Also, you can register in person at the Registrar's office at Town Hall, located at 2725 Main St. Either way, you should receive a notice after about three weeks that the registration is complete. If not, be sure to call the Registrar of Voters at 203-385-4049, Monday-Friday, 8 a.m. to 4 p.m.

If a voter cannot get to the polls on Election Day, an application form is available in the OV Business Office. Also, you can obtain an absentee ballot online by doing a search for "Connecticut Online Absentee Ballot."

Then, you need to fill out the form and send in an application for the absentee ballot. The ballot will be sent to the voter by the Town Clerk. This paper ballot must be filled out and mailed in to Town Hall so that it arrives before the polls close on Election Day.

An easier way, if possible, is to go to the Town Clerk's office at Town Hall beforehand and complete both steps at the same time. You can reach the Town Clerk's office by phone at 203-385-4020, Monday-Friday, 8 a.m.-4 p.m.

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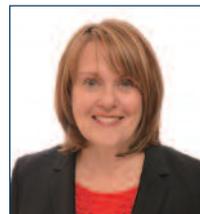
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ACTIVITIES

EDITOR'S NOTE: *To ensure accuracy, information must be submitted, via email, to Carol King at cking@oronoquevillage.com. (Submissions must be typed, in upper and lower case.) The deadline to be included in the next issue of The Villager, on Oct. 15, 2019, is Oct. 1 at noon.*

BOCCE

• Bocce is played on Thursdays through Oct. 30, weather permitting, at 10 a.m. at NCB. Everyone is welcome. Questions? Call Sue or Ralph Trapasso at 203-916-7156.

CURRENT EVENTS

• The Current Events Discussion Group meets in SCB Card Room 1 at 10 a.m. on Wednesdays Oct. 2 and 16.

DOLLCRAFTERS

• Dollcrafters meets at 10 a.m. on Tuesdays in the NCB Library.

LADIES BIBLE STUDY

• The Ladies Bible study group meets at 10:30 a.m. on the second and fourth Fridays of each month in the NCB Library. All ladies are welcome. The next meetings will take place Oct. 11 and 25. We will be studying the Book of Genesis. Questions? Call Angie McKelvey (227-3222) or Tina Vermette (375-0291).

LINE DANCING

• Classes take place Wednesdays at NCB. A beginner class is held at 9:30 a.m., followed by a class for all levels at 10 a.m. Classes will not be held on Oct. 16. Call Sonya at 203-377-1515 for more information.

MAINTAINING A HEALTHY LIFESTYLE

• Healthy Lifestyle Discussion Group will meet in the SCB Back Card Room at 10 a.m. on Tuesdays Oct. 29 and Nov. 26. Please bring information and be prepared to participate in discussions.

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MEN'S BOWLING CLUB

• Games are played at 10:30 a.m. on Wednesdays at Nutmeg Bowling Center in Fairfield. Questions? Call Paul at 203-339-1111.

PICKLEBALL CLUB

• Round robins are held (weather permitting) on Mondays and Wednesdays from 4-7 p.m., Tuesdays and Thursdays from 5-7 p.m. and Fridays, Saturdays and Sundays from 10 a.m. to 1 p.m. Less aggressive play occurs on Tuesdays and Thursdays from 4-5 p.m. Beginner coaching and practice for all levels is on Saturdays, 9:30-10 a.m. Times are subject to change. Please visit <https://holdmycourt.com/reserve2/ovpickleball> for changes to the schedule. For more information, contact Gery at cleeker@optonline.net or Regina at rarchazki@hotmail.com.

POOL SOCIAL GROUP RESUMES OCTOBER 10

• Anyone who enjoys socializing in and around the pools during the summer is invited to attend a get-together from 4-6 p.m. at SCB on the second Thursday of each month. Come with your favorite appetizer and or beverage (or nothing) for reunions and conversations. Call Sonya at 203-375-1515 for more information.

TEA, TALK & CRAFTS

• Tea, Talk, and Craft meets every Thursday at 1:30 p.m. next to the kitchen at SCB. Questions? Call Cynthia Harms at 203-402-9083.

TENNIS CLUB ROUND ROBINS

• The Tennis Club holds weekly round robins on Thursdays from 5-6:30 p.m. All residents are invited to play.

WALKING GROUP

• The Walking Group meets weekly on Thursdays at 9:30 a.m. in the NCB parking lot. The walks last about 30 to 45 minutes. This is a relaxed, informal group and everyone travels at their own pace. For information, call Belle at 914-220-2472.

WRITERS GROUP

• The OV Writers Group meets on alternate Thursdays at 2 p.m. in the Card Room at NCB. All are welcome. The group encourages its members to write, to expand their writing and publishing horizons and to find support in a trusting, respectful and professional environment. For information, contact Mary at MvonZ@optonline.net/203-767-9760.

BEYOND THE VILLAGE

Arciuolo's Shoes and Eli's Tavern in Milford announce their second annual .5K aka The Slacker's Race on Oct. 14 at 11 a.m. Participants will "race" from Shipyard Lane to Eli's Tavern ... a total of .2 miles and a 5-minute walk. The racing path will be filled with activities such as hula-hooping, slow-motion running, dance contests and more. The race ends with a celebration at Eli's Tavern with food, beer, prizes and football. All proceeds will benefit Bridges Healthcare in Milford.

Participants will meet at the corner of Shipyard Lane and Harborside Drive, at the top of the hill. Please check in at the booth at least 20 minutes before the race starts. Costumes are highly encouraged. Because there will be alcohol involved, no one under the age of 21 is permitted to attend. Call Matt Arciuolo at 203-877-7463 if you have any questions about the event.

The Wilton Playshop presents "The Lion in Winter" by James Goldman, Oct. 25-Nov. 9. Comedic in tone, dramatic in action, the play tells the story of the Plantagenet family, who are locked in a free-for-all of competing ambitions to inherit a kingdom. The queen, and wealthiest woman in the world, Eleanor of Aquitaine, has been kept in prison since raising an army against her husband, King Henry II. Let out only for holidays, the play centers around the inner conflicts of the royal family as they fight over both a kingdom and King Henry's paramour during the Christmas of 1183.

For tickets, email info@wiltonplayshop.org, visit www.wiltonplayshop.org or call 203-762-7629. Wilton Playshop is located at 15 Lovers Lane.

Short Cuts, two evenings of outstanding short films selected from the 2019 Tribeca Film Festival, will be presented at Garden Cinemas, 26 Isaac St. in Norwalk on Oct. 16 and Nov. 13. Admission of \$25 includes refreshments (served at 7 p.m.), film presentations (7:30-9 p.m.) and discussions.

For details, visit www.jibproductions.org or call 203-293-8729.





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FEATURE



Left, Latisha Ashterman-Reece was the women's top player and Kees Adema was the men's top player during the Holson Tournament. Right, Mel and Phyllis Holson were presented with a plaque to honor their many years of participation in the OV Tennis Club.

OVTC HOLDS THE HOLSON TENNIS TOURNAMENT

Story by Ben Snaider ~ Photos by Peter Feick

The Oronoque Village Tennis Club (OVTC) held its annual Holson Tennis Tournament on Saturday, Sept. 7. Play started at 9:15 a.m. and consisted of four five-game sets. Sixteen players (eight men and eight women) competed in mixed-doubles play for the championship prizes. Vigorous tennis was seen as all players gave it their best shot.

Latisha Ashterman-Reece was the women's top player. Kees Adema was the men's top player.

Nancy Blagys, with help from Vangie Wales, coordinated the sumptuous al fresco brunch that followed the play.

OVTC presented Mel and Phyllis Holson with a plaque to commemorate and honor their many years of participation in and contributions to the sport of tennis at Oronoque Village.



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FEATURES

ARTIST OF THE MONTH: SUSAN CARBONE

Colored pencil drawings and portraits created by Susan Carbone will grace the NCB foyer during the month of October. Although her creative talent is evident, her interest in this art form is recent.

Susan has had a longtime fascination with portraiture. "I dabbled in portrait photography during my years as a paraprofessional at the Thurgood Marshall School for Social Justice in Bridgeport," she says. "There I had the opportunity to not only assist in the classroom but to photograph the students and display their portraits as a gift to their parents at the moving up to high school ceremony."

She adds, "Getting the students to show me a glimpse of their personalities in an up-close photograph of their beautiful adolescent faces was the best! I also sketched some of the students as well as the staff. There is a peaceful concentration and inner joy that comes when I draw ... I can't help but smile when I get it right."

Susan has had no formal training in drawing, though she has taken lessons here and there. It was an OV Arts Guild colored pencil drawing class with Martha Talburt that helped her connect with her innate talent. "Martha's classes were challenging, inspiring, educational and oh, so colorful!" says Susan. "What fun it is to work with and learn from her. For those of us who remember black-and-white movies becoming 'colorized' or our first color television set, it's like seeing a whole new world!"

During October, residents may see two familiar faces on exhibit. "I have drawn colored portraits of Raul and Rebecca, two hard-working young adults of the Oronoque Country

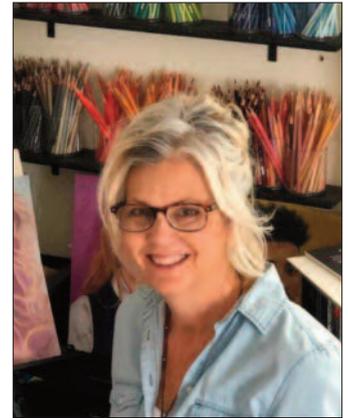
Club waitstaff," says Susan. "I saw them when I attended a District 4 holiday party and they, very sweetly, allowed me to photograph them so that I could later draw their likeness. They have both graciously given me permission to display my renditions of their beautiful young faces.

"Also on exhibit will be my very first colored pencil portrait from Martha's class, one of her granddaughters."

Susan continues to take private lessons with Martha. "Martha is helping me to further develop my basic skills, encouraging me to challenge myself, and inspiring me to draw daily. Her positive outlook on life and art is contagious."

Susan is pleased to showcase her works in her first-time Artist of the Month exhibit. "The creativity and energy that every one of us is capable of sharing in our own unique way is both fascinating to behold and a gift to each other," she says. "Thank you to Barbara Stewart for gently pushing me to display a bit of mine."

Susan, who previously lived in Trumbull, has been an OV resident since 2013.



Top, Artist of the Month Susan Carbone. Above, a colored pencil drawing, titled "Caitlyn."

OV

FUNSEEKERS RECAP

By Marie Orlowe ~ Photo by Bob Krakovich

Lucy Clifford opened the September 2019 Funseekers meeting calling upon the various committee members to submit their reports. Marie Orlowe was the first recipient to win a Funseekers mug.

Bob Krakovich gave a lengthy introduction, naming the many attributes of our guest performer, Cristina DiMuro Trnik, who is a classically trained soprano. She appeared on stage wearing a red dress with white polka dots; her hairdo was a 1940s style known as "victory rolls," which is associated with maneuvers performed by flight pilots during World War Two. Cristina titled her concert, "A Love Story through Song – The Great American Songbook."

Cristina relayed the history of -- or told a story before -- each song. Her performance included "It Had to Be You"

from 1924, "Embraceable You," a 1928 hit, "Nice Work If You Can Get It" (from the musical, Crazy for You), "My Funny Valentine" and "They Can't Take That Away From Me."

She had the audience reminiscing as they listened to songs from the 1940s, the war years. The crowd was very receptive while she performed "I'll Be Seeing You" from the movie of the same name, "Always" and the timeless, "As Time Goes By" from the movie Casablanca.

Greg Horton accompanied Cristina on the piano.

Socializing, while enjoying dessert, concluded the evening.



OV

President's Message, Continued from page 4

Physical changes have been made to the Maintenance Office, which improved safety for residents and space for operational needs.

Our new maintenance work order system, E-Works, completed its first full year enhancing many operational features, efficiencies analysis and metrics for the staff and management to utilize in performing their respective duties.

New poker tables were purchased, the saunas were rebuilt, the outside SCB bathroom was updated and the outside entrance to the South Clubhouse was improved.

We met with Stratford officials both at Town Hall and here at Oronoque. We encouraged Town officials to meet with residents at their district meetings. The results were overwhelmingly positive.

THE FUTURE ...

This next year the Oronoque Village Condominium Association will continue to refine and implement our processes and programs.

With the cooperation and assistance of our Executive Director, our vision and expectation is that the following projects will be completed and implemented in the coming year:

- Launch of the OV new portal/website
- Issuance of an updated phonebook
- Upgrading the SCB sound system
- Opening of the Business Office during lunch
- Complete the SCB entrance landscaping

We are committed to the following: Oronoque Village is, and will remain, "the best place to live in Connecticut!"



OV SNAPSHOTS



Above, Marcia and Joe Hayducky stand with a sunflower they grew from seed in their southside garden. Thanks to Cheryl Comen, who took the photo. Below, Peter Feick captured a praying mantis eating a bee.



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CALENDAR

For the latest on OV news and events, go to www.oronoquevillage.com or OVTV. OVTV is Channel 591 for those with a cable box and Channel 121-591 for those without a box. O=Open / C=Closed / RSF=Racquet Sports Facility / RR=Round Robin

TUESDAY, OCTOBER 1

- 9:00 a.m. – Yoga for Seniors, SCB, C/R2 (O)
- 10:00 a.m. – Dollcrafters, NCB, Library (O)
- 10:00 a.m. – Zumba, NCB (O)
- 11:00 a.m. – Free Blood Pressure Screening, NCB, C/R (O)
- 2:00 p.m. – Men's Club Cards, SCB, C/R (C)
- 4:00 p.m. – Pickleball beginner, followed by RR, RSF (O)
- 7:00 p.m. – Funseekers Meeting, SCB (O)
- 7:00 p.m. – Kundalini Yoga, NCB, C/R (O)

WEDNESDAY, OCTOBER 2

- 8:30 a.m. – Communications Committee, NCB (O)
- 9:30 a.m. – Line Dancing, beginners, NCB (O)
- 10:00 a.m. – Line Dancing, NCB (O)
- 10:00 a.m. – Sculpture Class, SCB, A/C Rm (O)
- 10:00 a.m. – Current Events, SCB, C/R2 (O)
- 1:30 p.m. – Tea, Talk & Crafts, SCB (O)
- 2:00 p.m. – Men's Club Billiards, NCB (C)
- 4:00 p.m. – Pickleball Round Robin, RSF (O)
- 4:00 p.m. – Movie Club Play Rehearsal, SCB (O)
- 5:00 p.m. – Poker, NCB, C/R (O)
- 6:00 p.m. – District 3 Meeting, SCB (C)
- 6:00 p.m. – Jerry's Poker, SCB, C/R1 (O)
- 6:30 p.m. – Men's Poker, SCB, C/R (O)
- 7:00 p.m. – Book Club, NCB (O)

THURSDAY, OCTOBER 3

- 9:00 a.m. – Walking Group, NCB Parking Lot (O)
- 10:00 a.m. – Bocce, NCB (O)
- 10:00 a.m. – Oil Painting, SCB, A/C Rm (C)
- 10:00 a.m. – Quilting Group, NCB, C/R (O)
- 10:00 a.m. – House Committee, NCB, B/R (O)
- 10:00 a.m. – Zumba, NCB (O)
- 11:30 a.m. – Tai Chi With Jonathan, NCB, Aud (O)
- 12:00 p.m. – Informal Artists Group, SCB, A/C Rm (O)
- 4:00 p.m. – Pickleball/Beginners followed by RR, RSF (O)

NOTICES:

Mini Farms Updates

All mini farms should be cleaned up and turned over by Nov. 1. Mini farmers may pay dues for 2020 now for a cost of \$18. After Jan. 1, the fee increases to \$20. Make checks payable to OV Mini Farm and include the plot number on your check. Please deliver payments to the Business Office. (You can use the outside drop box when the office is not open.)

If you are not receiving emails, and would like to, please also include your email address.

Questions? Call Debbie Grosso at 203-380-2468.

~

Blood Pressure Screenings

Free blood pressure screenings are now offered twice monthly at NCB. Screenings take place in the Card Room on the first Tuesday of each month from 11 a.m. - noon as well as on the third Wednesday of each month from 10 - 11 a.m.

- 5:00 p.m. – Tennis Round Robin, RSF (O)
- 6:00 p.m. – Jerry's Poker, SCB, C/R1 (O)

FRIDAY, OCTOBER 4

- 9:00 a.m. – Low-Impact Exercise (Bring Weights), NCB (O)
- 10:00 a.m. – Farmers' Market, SCB (O)
- 10:00 a.m. – Table Tennis, SCB (O)
- 10:00 a.m. – Pickleball Round Robin, RSF (O)
- 5:00 p.m. – It's 5 O'Clock Somewhere, NCB (O)

SATURDAY, OCTOBER 5

- 8:00 a.m. – Tennis Club Tourney & Brunch, RSF/NCB (C)
- 9:30 a.m. – Pickleball/Beginners followed by RR, RSF (O)
- 6:00 p.m. – Weekenders Event, NCB (O)

SUNDAY, OCTOBER 6

- 10:00 a.m. – Pickleball Round Robin, RSF (O)
- 4:00 p.m. – Arts Guild Gallery Reception, SCB (O)

MONDAY, OCTOBER 7

- 9:00 a.m. – Low-Impact Exercise (Bring Weights), NCB (O)
- 11:00 a.m. – Chair Yoga, NCB, Aud (O)
- 1:30 p.m. – House & Garden Open Mtg, SCB (O)
- 4:00 p.m. – Maintenance Committee Mtg, NCB, B/R (O)
- 4:00 p.m. – Pickleball Round Robin, RSF (O)

- 5:15 p.m. – Tai Chi With Jonathan, NCB, Aud (O)
- 6:45 p.m. – Open Bridge, NCB, Lounge (O)
- 7:00 p.m. – Bridge Lessons, NCB, Library (O)
- 7:00 p.m. – Tennis Club Meeting/ Elections, NCB, Aud (C)
- 7:00 p.m. – Bulls & Bears, SCB (O)
- 7:30 p.m. – SAC Board Mtg, NCB (O)

TUESDAY, OCTOBER 8

- 9:00 a.m. – Yoga for Seniors, SCB, C/R2 (O)
- 10:00 a.m. – Dollcrafters, NCB, Library (O)
- 10:00 a.m. – Zumba, NCB (O)
- 2:00 p.m. – Men's Club Cards, SCB, C/R (C)
- 4:00 p.m. – Pickleball/Beginners followed by RR, RSF (O)
- 7:00 p.m. – Kundalini Yoga, NCB, Library (O)

WEDNESDAY, OCTOBER 9

- 9:30 a.m. – Line dancing, beginners, NCB (O)
- 10:00 a.m. – Line dancing, NCB (O)
- 10:00 a.m. – Sculpture Class, SCB, A/C Rm (O)
- 2:00 p.m. – Men's Club Billiards, NCB (C)
- 4:00 p.m. – Pickleball Round Robin, RSF (O)
- 5:00 p.m. – Poker, NCB, C/R (O)
- 6:00 p.m. – Jerry's Poker, SCB, C/R1 (O)
- 6:30 p.m. – Men's Poker, SCB, C/R (O)

THURSDAY, OCTOBER 10

- 9:00 a.m. – Walking Group, NCB Parking Lot (O)
- 10:00 a.m. – Zumba, NCB (O)
- 10:00 a.m. – Bocce, NCB (O)
- 10:00 a.m. – Oil Painting, SCB, A/C Rm (C)
- 11:30 a.m. – Tai Chi With Jonathan, NCB, Aud (O)
- 12:00 p.m. – Informal Artists Group, SCB, A/C Rm (O)
- 1:30 p.m. – Tea, Talk & Crafts, SCB (O)
- 2:00 p.m. – Writers Group, NCB, C/R (O)
- 4:00 p.m. – Pool Social Group, SCB (O)
- 4:00 p.m. – Pickleball/Beginners followed by RR, RSF (O)
- 5:00 p.m. – Tennis Round Robin, RSF (O)
- 6:00 p.m. – Jerry's Poker, SCB, C/R1 (O)

FRIDAY, OCTOBER 11

- 9:00 a.m. – Low-Impact Exercise (Bring Weights), NCB (O)
- 10:00 a.m. – Table Tennis, SCB (O)
- 10:00 a.m. – Pickleball Round Robin, RSF (O)
- 10:30 a.m. – Ladies Bible Study, NCB, Library (O)
- 7:00 p.m. – Movie: *Rocketman*, NCB (O)

SATURDAY, OCTOBER 12

The North & South Clubhouses will be closed for carpet cleaning from 9 a.m. to 5 p.m.

- 9:30 a.m. – Pickleball/Beginners followed by RR, RSF (O)

SUNDAY, OCTOBER 13

- 10:00 a.m. – Pickleball Round Robin, RSF (O)
- 4:00 p.m. – SAC Cocktail Reception, NCB (O)

MONDAY, OCTOBER 14

- 9:00 a.m. – Low-Impact Exercise (Bring Weights), NCB (O)
- 9:30 a.m. – Architectural Committee Mtg, NCB, B/R (O)
- 11:00 a.m. – Chair Yoga, NCB, Aud (O)
- 4:00 p.m. – Pickleball Round Robin, RSF (O)
- 5:15 p.m. – Tai Chi With Jonathan, NCB, Aud (O)
- 6:45 p.m. – Open Bridge, NCB, Lounge (O)
- 7:00 p.m. – Bridge Lessons, NCB, Library (O)

TUESDAY, OCTOBER 15

- 9:00 a.m. – Yoga for Seniors, SCB, C/R2 (O)
- 10:00 a.m. – Dollcrafters, NCB, Library (O)
- 10:00 a.m. – Zumba, NCB (O)
- 2:00 p.m. – Men's Club Cards, SCB, C/R (C)
- 4:00 p.m. – Pickleball/Beginners followed by RR, RSF (O)
- 7:00 p.m. – Kundalini Yoga, NCB, Library (O)
- 7:00 p.m. – OVCA Board Meeting, NCB (O)

SAVE THE DATES

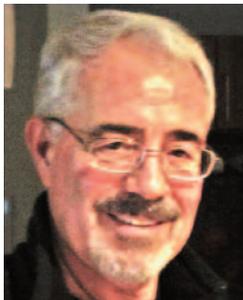
Tuesday, Nov. 12 ... SAC presents a program by OV resident Dr. Joyce Saltman, a talented professional who excels at seeing "life through laughter." Joyce's presentation on "Dealing with Difficult People" is a program that will benefit all Villagers.

Tuesday, Dec. 10 ... Funseekers' members and guests will embrace the holiday spirit through a musical comedy play performed by Trumbull-based Steppin' Out Productions. This is Funseekers' final event for 2019.

FITNESS FOR OLDER ADULTS

CARDIO EXERCISE TIPS

By Ed Genga, MA, CSCS



Know your safety limits and the warning signs. If you're new to cardio (aerobic) exercise and have been inactive for a while, or have any medical conditions that could be affected by exercise, it's critical that your healthcare provider clears you for exercise before you start.

If you take medications for blood pressure or heart disease, ask what effect they can have during exercise, whether you need to adjust your exercise intensity or if you should avoid any specific activities. If you have a chronic condition (including diabetes or hypoglycemia), ask your doctor to identify any symptoms or signs such as faintness, dizziness, chest pain, irregular heart beat or joint pain that may mean you should stop your exercise session, as well as any special instructions for timing your exercise sessions in relation to eating or taking your medications.

Don't exercise so intensely that you find it difficult to catch your breath or talk during your workout. It should be somewhat difficult to engage in normal conversation but you should be able to talk in short phrases. If you can't, slow your pace. Also, a small amount of muscle soreness after exercise can be normal, but any significant pains during your exercise, especially in a joint, is not normal. If you experience significant pain stop and see your doctor.

1. Have a plan: To improve the three components of aerobic fitness (heart and lung performance, muscle endurance, and functional capacity), make sure your routine includes each of the following elements:

• **Warm-ups, cooldowns and stretches.** Start by including a warm-up at the beginning of your cardio workout, a cooldown at the end and some stretching when finished.

Action plan: Spend 5 minutes warming up doing lighter exercises to slowly elevate your heart rate before every workout. After the workout, take 5 minutes to slow your heart rate before you stop moving completely. Then take about 5-8 minutes to stretch the muscles you used during your workout. If possible, include two to three sessions of yoga or tai-chi in your weekly exercise plan; both can be extremely helpful with improving balance and flexibility.

• **Short bouts of higher intensity exercise.** Getting your heart rate (HR) into the upper half of your aerobic zone (70-80 percent of your max HR) is the best way to improve the heart and lung's ability to deliver blood and oxygen to your muscles. Keep in mind that high intensity is relative to you

and not to someone who's 20 years younger. The amount of work needed to get your heart rate up to that level depends on your current fitness level. It may be that a moderate walking pace up a small hill will work for you. Monitoring your heart rate during exercise lets you know when to increase or decrease your effort.

Action plan: Three 15-minute sessions of higher intensity cardio exercise per week (or an equivalent amount incorporated into other types of workouts)

• **Longer bouts of moderate intensity exercise.** Cardio exercise helps train your muscles to use the oxygen your heart and lungs deliver. If you only exercise your legs (by biking, for example), the rest of your muscles get very little work. A variety of exercises is important for overall fitness. Walking on flat ground, then uphill and downhill, and riding a bike works your lower body muscles in different ways. A combination provides the overall balance you need. Playing tennis, pickleball or golf (without a cart) adds the upper body work, as will swimming, water aerobics and activities that involve use of your upper and lower body muscles. Because you do not work as hard during lower intensity sessions, you can make them longer to increase your muscles endurance.

Action plan: Two or three sessions (30-60 minutes each) of moderate-intensity cardio exercise per week (Note: Your high-intensity and moderate-intensity sessions may be combined in a single workout. You can split a single workout, with 15 minutes of high-intensity and 30 minutes of moderate-intensity exercise for a 45-minute session.)

2. Be creative and have fun! The best way to stick to your plan is to pick activities that you enjoy doing. Anything that keeps you moving and gets your heart rate up will do the trick, dancing, gardening and even chasing the grandkids in the park could all count as exercise!

If you have physical limitations, there are several alternatives available. There are aerobic (and strength-training) exercises you can do while sitting in a chair. These can be done from video programs you can do at home or in classes offered by many gyms, YMCAs and social groups for seniors. The same is true for water-based exercise programs, like water aerobics and pool walking/dancing, for those who have to avoid weight-bearing impact movements associated with land-based exercise.

OV

Ed Genga is an Oronoque Village resident and a fitness professional with more than 35 years of experience in a wide variety of industry disciplines including club management, corporate wellness, group fitness, college-level athletic coaching, personal training, phase 3 cardiac rehabilitation and exercise for cancer patients. You may submit questions about exercise to Ed at eegenga@gmail.com.

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WORKS BY THE OV WRITERS GROUP

FREEDOM

By Pearl B. Spodick

Freedom is a broad term, an ideal, a precious way of life for those of us who are fortunate enough to be citizens of the United States of America and its territories; a freedom-loving republic, a free nation of people formed by the people, for the people, and of the people by our forefathers. All U. S. citizens are advantaged by the many freedoms we have inherited as our rightful privilege to live by and protect. We're a relatively young nation standing by our commitment to preserve, protect from compromise the values proclaimed and set down by our founding forefathers when they gathered to write and make law, the Constitution of the United States, its territories, and the Bill of Rights.

We must stand up, speak up, and absolutely defend our every right to expect fair and equal treatment as American citizens. This is our heritage, the life blood of a free and equal society. We cannot, dare not, take the ideals of this great nation's underpinnings for granted, nor should we stand back and refrain from speaking out loud and clear when basic rights are trampled upon by whomever; be it neighbor, elected official, member of our legislature or even our highest elected official, the president. Americans, all Americans, and especially our elected officials, whom we've voted into office, are expected to represent our nation's highest ideals, abide by the laws of our Constitution and Bill of Rights, and if not, suffer the consequences.

We've watchdog organizations, the free press and a political system of checks and balances. Our laws, however faulty at times, are not written in stone. Justice is depicted as a blindfolded female, holding out a balancing scale, open to further inspection and evaluation, to weigh evidence on whether or not the laws have become outmoded or are in need of minor modification. This nation's founders fought to preserve the freedoms we profess to live by, cherish, never take for granted.

Equality is not a one-way street, it is a concept wide

enough for all to travel, expectant of fair and equal treatment. Whether male or female, rich or poor, equality is the law of our land. We can and must provide equal opportunities for all individuals, every socio-economic class. Freedom means anyone capable of improving his or her lot in life deserves the opportunity to do so, regardless of race, color, or sexual orientation.

We are beholden to the actions of brave, dedicated individuals who came before us, fought for, and even died in defense of preserving freedoms for us, and future generations.

Our actions are the determining factors. Are we dedicated, fair-minded, educated citizenry with the determination, dedication, and capability to preserve our values, uphold our laws, and remain a beacon of hope to other nations focused on peaceful co-existence in a world seemingly gone mad?

OV

THE SCREAM

By Ben Snaider

I found myself walking down a long, drab street in a strange town. I looked around. The street signs were German; "Mannheimer Strasse, Bahnhofstrasse, Frankenallee." Where was I? How had I gotten here? Was I still in the army? I did not know, or had forgotten how I came to be here and why I was in this place. I could not recall how, why or when I had returned to Germany.

I felt that I had to call someone, but I could not remember who I should call. I did not have a phone and had no idea where to find one. There was no other person in sight.

I searched in my pocket and found army orders for a flight from Rhine Main Air Base to New York, JFK, but could not remember when I had received the orders, yesterday or fifty years ago.

I looked up at the sky, it was a brilliant blue with one puffy white cloud floating by. Then, suddenly, I saw myself as if I were in that cloud looking down. I opened my mouth in horror at the intrusion of the cloud into my dilemma. I saw myself as the man in Edvard Munch's painting, "The Scream."

I yelled at the cloud, "Where am I? Where am I?" "Ben-Ben-Ben," my wife urged as she shook me awake. "You're having a bad dream."

I awoke with a start. I was safe. I felt relief flow over me as I realized that I was home, in bed with my wife beside me. I was no longer alone and afraid.

And I did not forget to kiss her.

OV

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BROADWAY

By Mitchell Fink

I was walking up Broadway with my parents, nearing the entrance to the Hotel Astor, between 44th and 45th, when my father noticed Jerry Lewis getting out of a limousine. Dad reached into his jacket pocket, pulled out a pen and a piece of paper, handed it to me, and said, "Mitchell, quick, that's Jerry Lewis. Get his autograph."

I grabbed my father's handy office supplies, ran up to the comedian, best known at the time as one-half of the world's most successful comedy duo, Martin & Lewis, and I cried out, "Mr. Lewis, Mr. Lewis, can I have your autograph?"

If I live to be 110, I'll never forget his response. He just looked into the eyes of this excited boy of six, and coldly said, "No." Then he disappeared into the Hotel Astor. I was obviously crushed. My father shrugged and put his arms around my small shoulders. My mother poo-pooed the brief exchange, swatting the air with her white-gloved hand, as though swatting Jerry Lewis away, assuring me with the words, "There are plenty more celebrities where he came from."

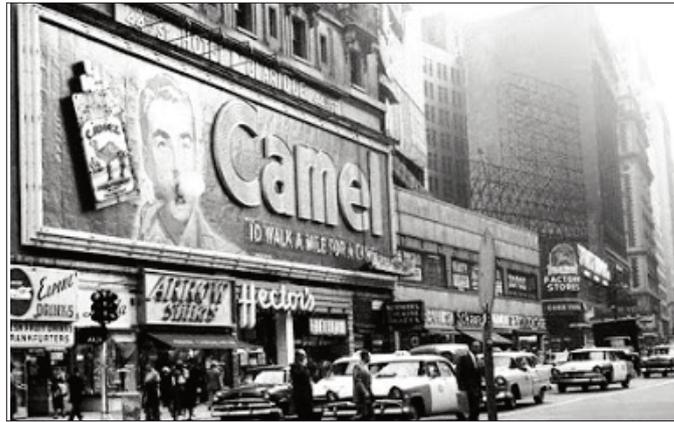
It is no small wonder that I regarded Jerry Lewis with bitterness for the rest of his life. When he died on August 20, 2017, I offered no condolences. I was too busy that day celebrating my own birthday. Now I look at it as some sort of cosmic comeuppance. Jerry Lewis died on my birthday. That'll show him.

I guess I liked Lou Crane a whole lot better than Jerry Lewis, even though he was pretty tough on me too. Lou was the family dentist, with an office on Broadway, in the Paramount building, between 43rd and 44th, a block below the Hotel Astor.

I had a cavity that needed filling, and because of my parents' relationship with Lou, I was grandfathered in to become a patient. My appointment turned out to be in the dead of summer. His office wasn't air-conditioned. A big picture window facing me was opened wide. There were no bars on the window, no protection of any kind, nothing to stop someone from jumping fourteen floors to their death. I doubt I thought about suicide, but I was not a happy camper, sitting in the chair and squirming as Lou punished me with his drill. Oh, did I forget to say that Lou didn't like using novocaine on minors?

As painful as it was, this trip to the dentist did have one saving grace: the hypnotic trance I went into staring out the open window at the famous Camel cigarettes billboard, on

the other side of Times Square, with its ad line, "I'D WALK A MILE FOR A CAMEL," and its dark-haired rendering of a male model blowing smoke rings through the open hole that doubled as the man's mouth. I swear those smoke rings almost reached me.



As the song goes, "They say the neon lights are bright on Broadway/They say there's always magic in the air." My Broadway experience with Jerry Lewis was hardly magical, and while I remember the smoke rings as being very magical, that was the last time I saw old Lou.

My next dental appointment was with my cousin Jules, on Long Island. I don't think his office had a window, much less a view. What Jules did have, though, was novocaine, plenty of it, and dentists have been numbing my gums with it ever since.

OV

BROADWAY

By Keese Adema

So many years and Broadway shows
Who is the favorite whom everyone knows
Who stood out, most stole your heart
The decision is tough, hard to start.

Ethel Merman playing Dolly Levy
Belting songs amidst a youthful bevy
Superior I think to Carol Channing
Good, but to me too much like whining.

Was it the mesmerizing Ben Vereen who
Conquered Broadway in Pippin in seventy two
Charlemagne's hunchback son was he
Receiving a Tony in seventy three.

Was it Zero Mostel, supreme in Fiddler on the Roof
The best Tevye of all knew how to delicately hoof
Who wished he were a rich man
Yet remained a wonderful milkman.

Who was the most famous, the most admired
Most no longer with us or retired
Which name will stay on lips in history
You're wondering but to me it's no mystery.

It's not Ethel, Ben or Zero, just so you know
It's Super Bowl's Namath, Broadway Joe.

OV



**Oronoque Village
Farmers' Market**
Fridays 10 AM to 1 PM
South Clubhouse Parking Lot

**THE FINAL OV FARMERS'
MARKET OF THE
SEASON WILL TAKE
PLACE ON FRIDAY,
OCTOBER 4,
FROM 10 A.M.-1 P.M.
AT THE
SOUTH CLUBHOUSE**



The Oronoque Village Book Club meets at 7 p.m. on the first Wednesday of the month at NCB. All Villagers are welcome. Need a ride or information? Call Hinda at 203-385-3855.

The book for Oct. 2 is *White Darkness* by Davis Grann.

The book for Nov. 6 is *Educated* by Tara Westover. A stunning memoir about family, loss and the struggle for a better future. Tara Westover was 17 when she first set foot in a classroom. She had to teach herself algebra and trigonometry and self-studied for the ACT, on which she did well enough to gain admission to Brigham Young University. Eventually, she earned her doctorate in intellectual history from Cambridge University.



**The Pletman Fall Concert Series
Presents The Return of Pianist Roger Young
On Sunday, October 27, at 4 p.m. at NCB
(Please note 4 p.m. start time!)**



Admission is \$5. Refreshments will be served.

A program, "All that Jazz," will be performed by pianist Roger Young, who has appeared on NBC's Today Show and at the Rainbow Room, Waldorf Astoria and the Blue Note.

The Greenwich Times declared that "Young has mastered the 'stride piano' jazz style made famous by Fats Waller."





**FLU SHOTS WILL BE GIVEN AT ORONOQUE THIS YEAR ON
OCTOBER 22, BETWEEN 2 PM AND 4 PM, AT NCB**

*(There is no cost if covered by Medicare Part B)
Sponsored by OV Men's Club and
the Stratford Health Department*

Please Fill Out Form Below and Drop in the Men's Club Box at NCB

??? Call Nurse Bernice @ (203) 385-4090

() Yes, I would like to get a Flu Shot

NAME (s): _____

PHONE # _____

(Insurance also accepted: Aetna, Anthem and Signa.)

United Healthcare and Humana NOT accepted



**Fall Cocktail Reception Presented by SAC
Sunday, October 13
4 to 6 in the afternoon at NCB**

*Please come to mingle with your neighbors
and meet our newest residents*

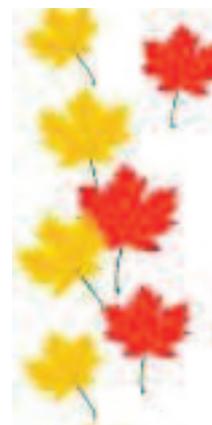
*Hot and cold hors d'oeuvres will be served
with wine and soft beverages*

**\$10 per person (NEW RESIDENTS
are our GUESTS).**

??? Call Pat: 203 375-1788 or Celeste: 203 520-4569

Make checks payable to SAC.

***Please drop your check in the
SAC box at NCB
by Oct. 7.***





**Oronoque Village Men's Club Presents:
Medicare Seminar by One Source for Senior Living
(a registered nonprofit):**

Medicare open enrollment (October 15- December 7) is the time to see if you need to make any changes in your Medicare plans. Learn and decide what is best for you.

Find out the answers to these questions:

- What is covered by Medicare?
- Should I keep my group health coverage?
- Will my pre-existing conditions be covered?
 - What is Part C and Part D?
- How do I know which Medicare plans are right for me?

Date: Wednesday, October 30

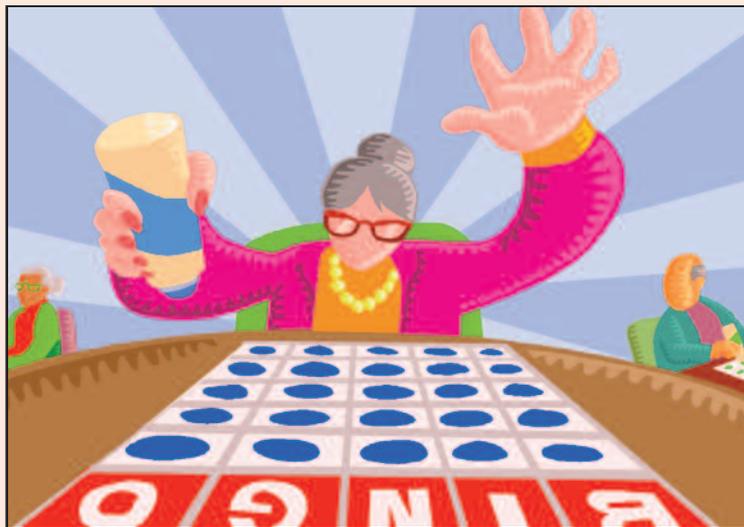
Place: South Clubhouse

Time: 10 a.m. to noon

??? Call *Sandy Lunt*: 203-377-5833.

Refreshments
will be served

Open to all



Questions?
Call Sandy Lunt
203-377-5833.

Bingo: Presented by the Men's Club

Thursday, October 17

at 7:00 pm at SCB

Come and bring your friends. Cost: \$2.50/card

The OV Arts Guild and The OV Writers Group
*cordially invite you to an evening of readings
of creative writings by our residents!*



POETRY & PROSE – READING & RECEPTION

Monday, October 28th – 7-9 p.m. – SCB

*Enjoy memoirs, poetry, neighborhood stories,
fun anecdotes, essays, tales, dreams ...
Come, celebrate your neighbors' creativity and
enjoy coffee, tea and sweets!*

Donations appreciated

House & Garden Presents

Stratford History

Monday, Oct 7, 2019
1:30 pm - SCB



Members: Free -
Guests \$2

David Wright, editor of the The Stratford Historical Society Newsletter will share with us some interesting stories about Stratford's past!

David, current Manager of Information Technology for the Town of Stratford, has been researching Stratford's rich history for many years and will share some of his "finds" about our city in a delightful afternoon of town history followed by tea, coffee, and dessert. Don't miss this informative House & Garden event!



HOUSE & GARDEN

Annual Fall Luncheon & Card Party

Thursday,
October 17, 2019

Mill River Country Club

Doors open 11:30 a.m.
Lunch served 12:15 p.m.

\$25 per person.

Cheese and Crackers, Cash Bar, Raffles

Entree
Choices

- Rolled Stuffed Chicken with peach and apricot stuffing*
- Pan Seared Salmon topped with salsa dressing*
- Pork chop with baked apple*

◆ Garden Salad ◆ Dessert ◆ Coffee or Tea

Please Indicate Choice Of Entrée On Your Check:

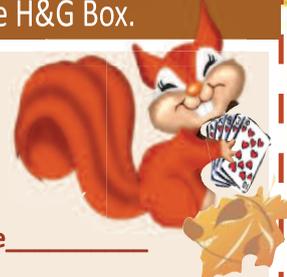
Deposit form with checks for everyone at your table of 8 or 10 in the H&G Box.

Your name _____

and phone number: _____

Number of people: _____ Number of Card Tables needed: _____ Game _____

Names: _____



Questions: Irene Keating 203-377-3980 Checks payable to OV H&G Club by October 12, 2019.

SOCK HOP – PRESENTED BY SAC - SATURDAY, OCTOBER 26th – 6:30 PM NCB

**JOIN US FOR A NIGHT OF FUN! BRING BACK MEMORIES!
REMINISCE WITH FRIENDS!**



**DJs – JIM & EARL CRUTCHFIELD WILL PROVIDE THE
MUSIC AND DEDICATIONS**

**ADMISSION IS \$10.00 – POPCORN, SODA,
ICE CREAM SUNDAY BAR**

CABARET STYLE – BYOB - '50S COSTUMES OPTIONAL



RSVP BY 10/20 – QUESTIONS? CALL MARY ANN WEAVER – 203-530-9962

Include all names with checks made out to SAC. Drop your check & this form in SAC mailbox at NCB before Oct. 20

Name: _____

Phone: _____

Amount Enclosed _____

JOIN US FOR “IT’S 5 O’CLOCK SOMEWHERE!” ON OCT. 4

happy october

**“IT’S 5 O’CLOCK SOMEWHERE”
TAKES PLACE ON THE FIRST FRIDAY OF
THE MONTH
AT NCB at 5 P.M.**

BYOB * Relax and Mingle

**Drop By With An Appetizer to Share
Hosted by SAC - We hope to see you!**



Celebrate New Year's Eve

***at Oronoque Country Club - Dec. 31, 2019
Welcome all Villagers, Members and Guests
for an Evening of Dining & Entertainment
Dancing to Music by Rich DiPalma
Free Raffle Prizes***



Price: \$ 76.00 per person

Includes 2 complimentary drinks per person and Champagne Toast at Midnight

GOODBYE 2019! (cash bar available) WELCOME 2020!

7:00 - 8:00 PM: Cocktail Hour with Hot and Cold Hors D'oeuvres

***8:00 PM: Dinner Choices of Filet Mignon, Chicken Piccata, Lemon-Dill Salmon
or Eggplant Roulade plus Pasta, Garden Salad, Vegetables, Potatoes or Rice
Coffee, Tea & Delectable Desserts Provided***

***RSVP Now! Space is Limited. Reserve your seat/table: Fill out form below:
Please make checks payable to SAC and deposit in the SAC box in the NCB by 12/26/19***

Name

Phone #

Meal Choice

RSVP by December 26, 2019

Questions??? Contact Sonya at 203-377-1515

The Movie Club Presents: ROCKETMAN

**Friday, October 11, 7 p.m. at NCB
Wednesday, October 16, at 2 p.m. at SCB
\$1 admission includes popcorn**



This one-of-a-kind musical biopic embarks on the spectacular journey of Sir Elton John in his rise to fame.

With incredible performances of Elton's most beloved songs, discover how a small-town boy became one of the most iconic figures in rock & roll.

The Movie Club was founded by Len Learner and is sponsored by Marcia Klein, Dee Tuozzoli and innumerable volunteers.

The Movie Club Presents:

***Living In Oronoque*
a musical comedy,
written by Harriet Borack.**

**Saturday, Nov. 2nd, at 7.00 pm at NCB.
Reservations: \$5.**

**Please make checks payable to Marcia Klein.
Drop checks off in the Movie Club box at NCB
by Oct 28th.**

**Please call Dee Tuozzoli with questions or if you'd
like to participate in the show: 203 375 3724**

GALLERY RECEPTION INVITATION

**THE OV ARTS GUILD
INVITES YOU
to the opening reception
of the Galerie OV fall show:**

**"SUCH STUFF AS
DREAMS ARE MADE OF"**

**WHEN: SUNDAY, OCT. 6,
AT 4PM**

WHERE: SCB LOUNGE

**Come meet the artists and
enjoy refreshments with your
friends and neighbors**

**The People's Choice Awards
will be given for the summer
show, "Go Figure"**



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Alex Modica, local owner



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