

January 17, 2022



# THE VILLAGER



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Thank you to award-winning Stratford-based photographer Ron Guerrucci for sharing the cover photo of the Stratford Point Lighthouse. The historic lighthouse is located at 1275 Prospect Drive. **Please note:** Stratford Point Lighthouse is a private residence and is closed to the public. However, visitors can get interesting views and photos from the Stratford Point property. More information about the lighthouse can be found online at [www.townofstratford.com](http://www.townofstratford.com). The Villager welcomes photo submissions, which must be emailed as high-resolution jpeg images to [cking@oronoquevillage.com](mailto:cking@oronoquevillage.com)

Villager article submissions should be emailed as either text attachments or with text pasted into the body of an email. All Villager articles are edited to conform to the standards of The Associated Press Stylebook.



**Lisa Glazer**

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[lisaglazer@bhhsNE.com](mailto:lisaglazer@bhhsNE.com)

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## "THANK YOU" FROM THE STAFF

*The OV Maintenance crews and the staff members in the Business and Maintenance offices would like to say "thank you" to the residents who generously contributed to the annual Employee Appreciation Fund.*

*Checks were distributed to staff members during a celebra-*

*tory breakfast that took place on Dec. 17.*

*We are extremely appreciative of the generosity, kindness and recognition we received and we extend our best wishes to all residents for a happy, healthy and safe new year.*





# MAINTENANCE MATTERS

## LEAK DETECTORS CAN HELP PREVENT COSTLY WATER DAMAGE

Monitoring for leaks is the best way to prevent water damage. Left unchecked, small leaks (under your water heater, aquarium or sink, for example) can cause problems throughout your home, including structural and foundational damage, as well as ruin personal valuables such as cherished photograph and important documents.

It is strongly advised that residents install leak detectors on household appliances that use water. The principle is quite simple: small sensors are set up where water damage is more likely to occur.

As soon as the sensors detect water leakage, a warning - via alarm, email or text -- is issued to you to stop the leakage.

Some water sensor models shut off the main water supply automatically. Other devices are linked to a central monitoring station that contacts the homeowner if a leak is detected. Other battery-powered stationary units sound off with a loud warning alarm as a smoke detector would.

**Where do I find water sensors?** Water sensors are available at most home improvement stores and online. There are numerous options available. Consider doing some research to determine which options best fit your needs and budget.

Please note that some devices only work once and then need to be replaced, while others are designed for extended use.

If you are not comfortable installing the sensors yourself, contact an experienced professional for help with proper installation and setting up the app to ensure that you receive notifications of potential leaks.

**Steps to Take to Avoid Leaks Inside of Your Unit:** Use the washing machine or dishwasher only when you are at home. In the event of a problem, you'll be able to react quickly.

Get into the habit of checking your pipes every year. If you see any signs of weakness, have your pipes replaced as soon as possible.

Check the joint sealings around your showers, bathtubs and sinks, often. If you see signs of change, reapply sealant.

You also can try placing a few drops of food coloring into the toilet's tank to see if it leaks. If the coloring appears in the toilet bowl, there's a leak.

Replace your water heater every 10 years. It must also be replaced if you see rusty water running from faucets and seepage or leakage from the water heater. A water heater should be installed in a spill tray connected to a floor drain to allow water to drain in the event of leakage. Also make sure that the appliance is installed in compliance with the manufacturer's requirements. If you don't, the manufacturer may waive liability in the event of a defect.


OV



Some water sensors, such as the unit pictured, run on a 9-volt battery and emit a loud-decibel alarm sound when water reaches a depth of 1/32 of an inch. Other water alarms are Wi-Fi enabled, which allows the sensor to send out a notification through a Smartphone app.


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# ANNOUNCEMENTS

## DOLLCRAFTERS UPDATE

By Merrilees Leemhuis

Thanks to a dedicated group of women, the OV Dollcrafters donated 320 dolls and dozens of crocheted balls to children in distress during 2021. The children who receive them have little if anything.

During the year, we welcomed a few new people to the club, but, sadly, we lost two longstanding members: Bernice Robinson and Marina Verrilli.



We appreciate all who supported our efforts. Organizations that collected our dolls during 2021 were Bridgeport Hospital "Toy Closet," Center for Family Justice and Sisters of Mercy of the Americas (Bridgeport), St. Catherine Academy of Fairfield, Urban Impact (Black Rock) and Marine's Toys for Tots (Milford). **OV**

*Maggie Dunigan of the Center for Family Justice with handmade dolls donated by the OV Dollcrafters. Dolls and handcrafted balls are given to children in distress.*

## HOLIDAY DECORATION REMINDERS

Small outdoor displays are permitted if placed in the foundation planting area, on doors, the walls next to doors, including garage doors, or on decks.

No decorations that pose a safety hazard, are excessive or are reported as a nuisance are allowed.

Displays may not be put up in the common areas, including mailbox stations.

Christmas, Hanukkah and Kwanza decorations may be put up the day after Thanksgiving and must be removed by Jan. 21.

No plastic or inflatable decorations, no lights other than small seasonal lights on decks only, no decorations on light posts and no live lit trees on decks are permitted.

Other holiday decorations, with the same restrictions as above, may be put up two weeks prior to the holiday and are to be removed two weeks after the holiday.

No displays may use extension cords that cross walkways.

Hazardous or excessive displays will be removed by the Maintenance Department.

The American and State of Connecticut flags may be

displayed with a six foot or smaller flag pole attached to the building. Seasonal banners may be displayed with a similar-sized flag pole or on a stand in the foundation planting area. Flags/banners may not be draped or displayed on the unit in any manner.

## EVENT CANCELLATIONS

The Funseekers meeting scheduled for Feb. 8 has been canceled.

The following events are suspended:

Tea, Talk & Crafts meetings will not take place until further notice.

The monthly Saturday Night Dance Parties and Karaoke events are on hold until spring. The events are expected to resume in April.

## FIREWOOD & ICE MELT AVAILABLE

Firewood and Ice Melt are available to at both club-houses. Residents will need to use their own containers or carriers for transporting these items.

Please take only what you need for personal use. These items are intended for resident-use only.

**Important:** Do not store large amounts of firewood on or underneath your deck as this is an invitation for termites.

Don't forget to visit our Facebook Page: **OV Connections**



**Note: You must have a Facebook account to join OV Connections.**



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# WEEKENDERS' EVENT TO FEATURE JOE UTTERBACK, MICHAEL JOVOVICH

By Carol Tepper

Mark your calendars and get ready to celebrate St. Paddy's Day with Weekenders on Saturday, March 12, at 6 p.m. in the North Clubhouse.

Dr. Joe Utterback, who has been a featured jazz artist in the United States and overseas for more than 45 years, will showcase his piano-playing talent, accompanied by the gifted voice of Michael Jovovich, who has performed worldwide and with some of the most talented entertainers on Broadway.

Their humorous, high-energy show will have you clapping and singing along in no time, engaging you from the start to finish with their collection of music ranging from traditional Irish ballads to American songbook standards.

Of course, as it is tradition, delicious corned beef on rye sandwiches, coleslaw, potato chips, soda, coffee and dessert will be served observing COVID rules.

The price for this event is \$25 per person. To ensure a seat for what will be a fabulous, funny and entertaining evening, please deposit your checks made out to "Weekenders" (with any special seating arrangements attached) in our box at NCB by March 3. (Vaccination cards must be shown upon admittance to the event.)

Weekenders is not an organization or club, there are no



Dr. Joe Utterback (left) and Michael Jovovich will perform at NCB on March 12.

membership dues. All Villagers are welcome to attend our events and enjoy an evening of entertainment, a delicious dinner, plentiful desserts, coffee, and soda. BYOB.

Questions? Call Carol at 203-375-2101.



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## ACTIVITIES

**EDITOR'S NOTE:** *To ensure accuracy, information submitted to The Villager must be sent via email, to Carol King at [cking@oronoquevillage.com](mailto:cking@oronoquevillage.com). (Submissions must be typed, in upper and lower case.) The deadline to be included in the next issue of The Villager, on Feb. 1, 2022, is Jan. 19 at noon.*

### CORNHOLE

- Cornhole is played on Mondays, 10 a.m. to noon, at SCB.

### CURRENT EVENTS

- The Current Events Discussion Group meets in SCB Card Room 1 at 10 a.m. on Wednesdays Jan. 19, Feb. 2 and 16, March 2, 16 and 30.

### DOLLCRAFTERS

- Dollcrafters meets at 10 a.m. on Tuesdays in the NCB Library.

### DROP-IN BRIDGE

- Drop-in Bridge takes place on Mondays from 6:30-8:30 p.m. in the NCB Lounge. All levels of bridge players are encouraged to attend; no need to bring a partner. There is no fee to participate. For information, please contact Wendy Swain at 203-386-9125. Proof of vaccination required.

### LADIES BIBLE STUDY

- The Ladies Bible Study welcomes all resident women. Proof of vaccination is not required, but nonvaccinated ladies must wear masks. There are no fees to join. Purchasing study materials is optional. Meetings are on the second and fourth Fridays in the NCB Board Room from 10:30 to noon (excluding July and August.) Questions? Call Angie McKelvey (203-227-3222) or Tina Vermette (203-375-0291).

### LINE DANCING

- Line dancing classes are held on Wednesdays at NCB. Beginner classes are held at 9:30 a.m., followed by a class for all levels at 10 a.m. No masking is required for anyone who has received the booster or third shot. All others must wear masks.

### LOW-IMPACT EXERCISE CLASS

- Low-impact exercise classes, taught by Renee Zinn, are held at 10:30 a.m. on Mondays and Fridays at NCB. Bring weights and water. Proof of vaccination and masks are required. Those without proof of booster shots must wear masks.

### PING PONG GROUP

- Players of all levels are invited to join this group on the second floor of the South Clubhouse Fridays at 10 a.m. and Mondays at 6 p.m. For information, email Wayne Cotter at [wcotter999@gmail.com](mailto:wcotter999@gmail.com).

### POOL SOCIAL GROUP

- **New schedule:** Anyone who enjoys socializing in and around the pools during the summer is invited to attend a get-together from 4-6 p.m. at SCB on second Monday of each month. Come with your favorite appetizer and/or beverage (or nothing) for reunions and conversations. Call Sonya at 203-377-1515 for more information.

### QUILTING GROUP

- Village quilters meet at the NCB Card Room on the first and third Thursdays of each month from 10 a.m. to noon.

### WRITER'S GROUP

- The Oronoque Village Writer's Group (OVWG) is a group of writers who enjoy the challenges of writing and of sharing their work in a trusted environment. Members commit to attending workshops twice a month in a respectful, supportive and professional environment with hopes of expanding their writing and publishing horizons. Our members include published authors and hobbyists. Our works include essays, memoirs, poems, short stories, treatises, humorous tales, heart-wrenching histories. The group meets on alternate Thursdays at 2 p.m. in the Card Room at SCB. For information, contact Mary von Ziegesar at [MvonZ@optonline.net](mailto:MvonZ@optonline.net) or call 203-767-9760. Proof of vaccination required.



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# 2021: THE YEAR IN SCAMS

According to AARP Fraud Watch, the following scams were most prevalent during 2021. As COVID continued to be a major player in our daily lives, scammers, as always, were ready to pounce, deploying not only new scams, but adapting tried-and-true scams during these unsettling times.

## COVID Scams

As the pandemic has evolved over the course of 2021, the scams associated with it have evolved as well.

- Bogus "post-vaccine" surveys — An email or a text message containing a link to a "post-vaccine" survey promises free rewards if you click the link and provide payment information to cover a small fee. (Don't click links.)
- COVID-19 funeral expense support scams — A particularly heinous scam emerged earlier this year after the Federal Emergency Management Agency (FEMA) opened up a program offering funds to help with COVID-related funeral expenses. Scammers impersonating FEMA contacted individuals offering to help them register for the program — for a small fee, of course. (Government agencies don't operate this way.)
- Unemployment compensation scams — A massive wave of identity fraud occurred in the form of criminals using stolen identities to file for unemployment compensation. The victim typically only found out when they received a letter confirming their benefits, or received a tax form indicating they had received unemployment. (For help recovering from identity fraud, go to [www.identitytheft.gov](http://www.identitytheft.gov).)

## Gift Card Payment Scams

Gift cards are popular and convenient ... and not just for gifts. Over the course of 2021, AARP reports there have seen

explosive growth in gift cards being used as a form of payment in scams.

- A target gets an urgent call from \_\_\_\_\_ (Fill in the blank, it could be Social Security, the IRS, your utility company, a tech support company, etc.) claiming a pressing issue needs immediate attention. Convinced of the story, the target agrees to the form of payment requested to address the problem. They go to a specific store, pick up a specific gift card or cards, and load a specific amount of money on them. Then the target, as directed, shares the numbers off the back to pay for the alleged obligation.
- Once the criminal has the card information, they are able to drain the value of the card within minutes.
- Anytime anyone seeks payment for anything with a gift card, it is a scam.

## Amazon Impostor Scams

Impostor scams are on the rise and, in 2021, impostors posing as Amazon have been among the most common.

- The target receives a phone call alerting them of a suspicious charge on their Amazon account.
- If the target engages, the ploy could be anything from getting payment information, log-in credentials to their Amazon account, or even to convince the target to allow them to have remote access to their computer to "solve" an alleged problem.
- Know that Amazon will never ask you to disclose sensitive personal information or your login credentials. If you have an Amazon account, access it online or via your app to check for any problems; if you don't have an Amazon account, you have nothing to worry about.

OV

## HOW TO REPORT FRAUD TO THE FEDERAL TRADE COMMISSION

Report fraud, scams, and bad business practices to the Federal Trade Commission at [www.ReportFraud.ftc.gov](http://www.ReportFraud.ftc.gov).

The more information you can give the FTC about the situation, the more useful your report will be.

If possible, be prepared to tell:

Your contact information: name, address, phone number, email

The type of product or service involved

Information about the company or seller: business name, address, phone number, website, email address, representative's name

Details about the transaction: the amount you paid, how you paid, the date

The FTC cannot resolve individual fraud reports, but the agency offers tips to help you get your money back.

The FTC accepts reports related to many topics, including:

Identity theft

National Do Not Call Registry violations

Computers, the internet and online privacy

Telemarketing scams

Credit scams

Immigration services

Sweepstakes, lotteries, and prizes

Business opportunities and work-at-home schemes

Health and weight loss products

Debt collection, credit reports, and financial matters

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To ask specific questions of a live human being

# Text

## CTCOVID to 898211

To receive regular state updates



# Visit

## [CT.gov/coronavirus](http://CT.gov/coronavirus)

To find updates and information



# CALENDAR

*Dates, times and locations of events are subject to change. To update a Calendar listing, please contact Linda Arvers at [larvers@oronoquevillage.com](mailto:larvers@oronoquevillage.com)*

*For the latest on OV news & events, go to [www.oronoquevillage.com](http://www.oronoquevillage.com) or OVTV. OVTV is Channel 591 for those with a cable box and Channel 121-591 for those without a box.*

## MONDAY, JANUARY 17

- 10:00 a.m. – Cornhole, SCB
- 10:30 a.m. – Low-Impact Exercise (Bring Weights), NCB
- 6:00 P.m. – Ping Pong, SCB
- 6:30 p.m. – Drop-in Bridge, NCB

## TUESDAY, JANUARY 18

- 10:00 a.m. – Dollcrafters, NCB
- 10:00 a.m. – Zumba, NCB
- 7:00 p.m. – OVCA Board Meeting, NCB

## WEDNESDAY, JANUARY 19

- 9:00 a.m. – Sculpture Class, SCB, A/C Rm
- 9:30 a.m. – Line Dancing, beginner, NCB
- 10:00 a.m. – Line Dancing, all levels, NCB
- 10:00 a.m. – Current Events, SCB
- 10:00 a.m. – Sculpture Class, SCB
- 1:00 p.m. – Gerry's Poker, SCB
- 2:00 p.m. – Movie: *Respect*, SCB
- 5:00 p.m. – Sebastian's Poker, NCB
- 6:00 p.m. – Gerry's Poker, SCB

## THURSDAY, JANUARY 20

- 10:00 a.m. – Village Quilting Group, NCB, C/R
- 10:00 a.m. – Zumba, NCB
- 10:30 a.m. – Yoga, SCB
- 1:00 p.m. – Informal Artists Group, A/C Rm, SCB
- 7:00 p.m. – Bingo, SCB

## FRIDAY, JANUARY 21

- 9:00 a.m. – Ping Pong Club, SCB
- 10:30 a.m. – Low-Impact Exercise (Bring Weights), NCB

## SATURDAY, JANUARY 22

- 6:00 p.m. – SAC New Year Celebration, NCB

## SUNDAY, JANUARY 23: No events scheduled

## MONDAY, JANUARY 24

- 10:00 a.m. – Cornhole, SCB
- 10:30 a.m. – Low-Impact Exercise (Bring Weights), NCB
- 6:00 p.m. – Ping Pong, SCB
- 6:30 p.m. – Drop-in Bridge, NCB

## TUESDAY, JANUARY 25

- 10:00 a.m. – Dollcrafters, NCB
- 10:00 a.m. – Zumba, NCB
- 7:00 p.m. – Men's Card Game, SCB
- 7:00 p.m. – OVTD Meeting, NCB

Why do seagulls  
fly over the sea?

Because if they flew  
over a bay, they  
would be bagels.

Why did the  
golfer bring two  
pairs of pants?

In case he got  
a hole in one.



## WEDNESDAY, JANUARY 26

- 9:00 a.m. – Sculpture Class, SCB, A/C Rm
- 9:30 a.m. – Line Dancing, beginner, NCB
- 10:00 a.m. – Line Dancing, all levels, NCB
- 1:00 p.m. – Gerry's Poker, SCB
- 5:00 p.m. – Sebastian's Poker, NCB
- 6:00 p.m. – Gerry's Poker, SCB

## THURSDAY, JANUARY 27

- 10:00 a.m. – Zumba, NCB
- 10:30 a.m. – Yoga, SCB
- 1:00 p.m. – Informal Artists Group, A/C Rm, SCB
- 2:00 p.m. – Writer's Group, SCB
- 7:00 p.m. – Arts Guild Annual Meeting, NCB

## FRIDAY, JANUARY 28

- 9:00 a.m. – Ping Pong Club, SCB
- 10:00 a.m. – Ladies Bible Study, NCB, B/R
- 10:30 a.m. – Low-Impact Exercise (Bring Weights), NCB

## SATURDAY, JANUARY 29: No events scheduled

## SUNDAY, JANUARY 30: No events scheduled

## MONDAY, JANUARY 31

- 10:00 a.m. – Cornhole, SCB
- 10:30 a.m. – Low-Impact Exercise (Bring Weights), NCB
- 6:00 p.m. – Ping Pong, SCB
- 6:30 p.m. – Drop-in Bridge, NCB

## TUESDAY, FEBRUARY 1

- 10:00 a.m. – Dollcrafters, NCB
- 10:00 a.m. – Zumba, NCB
- 4:00 p.m. – Pool Social Group, SCB
- 7:00 p.m. – Men's Card Game, SCB

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**1 REFLECTIVE GEAR**  
Many athletic jackets, shoes, and pants are made with reflectors. Reflective bands or tape can also be used to be seen.



**2 LIGHT THE WAY**  
Use a headlamp or flashlight to light up your route.



**3 BE CAUTIOUS OF TRAFFIC**  
Be aware of traffic around you. Face oncoming traffic to see approaching headlights.



**4 BRING A FRIEND**  
Drivers are more likely to see two walkers than one. Walking with a friend is also more enjoyable.



**5 LAYER UP**  
Stay warm and layer up. You can wrap jackets around your waist if you get warm. Mittens and hats can fit into pockets.

**Have fun and stay safe!**



## NEW YEAR, NEW HABITS!

By Linda Kolton

With so many things beyond our control these days, why not focus on what you can influence...how you feel. Food plays a starring role in our health. Making good choices about what you put into your body has a daily and cumulative effect. And don't we all want to feel our best?

If you're thinking about making changes to how you eat this year — adding more fresh, whole foods or reducing your meat or dairy intake — there's never been a better time to start. One good place to start is by "crowding out." By adding more of the good stuff, you leave less room for the not-so-good stuff! Double-up on a fresh, delicious salad, vegetables or soup and you might not be as hungry for that hamburger.

**Looking to Reduce Your Dairy Intake?** Make simple swaps like using plant-based milk. Experiment with some alternative varieties like oat, soy, hemp, rice, almond, cashew, macadamia, coconut and even flax — they're all creamy, delicious and cholesterol-free. Try a new one each week until you find your favorite. In cooking and baking, you'll never taste a difference and for drinking, cereal and coffee or tea, many people prefer the clean, delicious taste of these plant-based milks.

Dairy-free cheese, yogurt and butter are also widely available in local stores like Stop & Shop and ShopRite. And they've come such a long way, baby! You'll be amazed at the taste, texture and variety of these products. Brands like Violife, Kite Hill and Field Roast are among the top-rated. Visit websites for brands you want to try — you can often request coupons which makes sampling even more cost-effective.

**Try New Recipes:** Borrow a book. Your local library's shelves are likely full of books for healthy, vegetarian and vegan cooking. Peruse them all then take home one or two and try some of the recipes. It's a great way to experiment without investing. Google recipes that use ingredients you like.

**Be Kind to Yourself:** The fact that you want to adopt some healthy habits is a great way to start the year. Don't give up because you fell off the wagon for a meal, a day, or even a week. Keep at it and, before long, you'll begin to notice a difference in the way you feel and in the foods you desire. The change in how you feel is a powerful motivator.

Here's a recipe I developed for a healthy cooking class that's both light and rich at the same time, perfect for a cold winter's day!

### Roasted Cauliflower and Garlic Soup

Serves 4 to 6 (Allergen Notes: Gluten-free, nut-free, peanut-free, soy-free. Special Equipment: Blender)

Should the despair of winter's grey, cold gloom set a deep



*Roasted garlic soup*

chill in your bones, get into the kitchen and make this soup. Creamy, flavorful, restorative ... it's shamefully simple to make. Roasting concentrates and mellows flavors; a soothing combination that seems to satisfy cold weather cravings. Earthy-colored and blended to a chunky-smooth consistency, this soup serves as a reminder that to achieve a thick, creamy consistency, we do not have to rely on dairy.

Luckily, good taste and good nutrition often go hand-in-hand. This recipe calls for copious amounts of garlic, which is known to give an impressive boost to the immune system, and cauliflower, a superstar of the vegetable world that fights inflammation and provides a healthy dose of Vitamin C. Just a few good reasons to make a double batch.

### Ingredients

- 1 large head cauliflower (about 2 to 2 1/2 pounds) cut into florets
- 10 to 15 large cloves garlic, peeled
- 1 medium onion, peeled and thinly sliced
- 1 tablespoon fresh thyme, plus a little for garnish (or use 2 teaspoons dried thyme)
- 3 tablespoons olive oil
- 1 teaspoon coarse salt
- 6 cups vegetable broth
- 1 tablespoon fresh lemon juice

### Directions

Preheat the oven to 400°F. Line a baking tray with parchment paper. Place cauliflower, garlic, onions and thyme on a baking tray and drizzle with olive oil. Gently toss together and sprinkle with salt. Roast for about 30 to 35 minutes or until all the vegetables are soft and medium brown.

**Continued on page 16**





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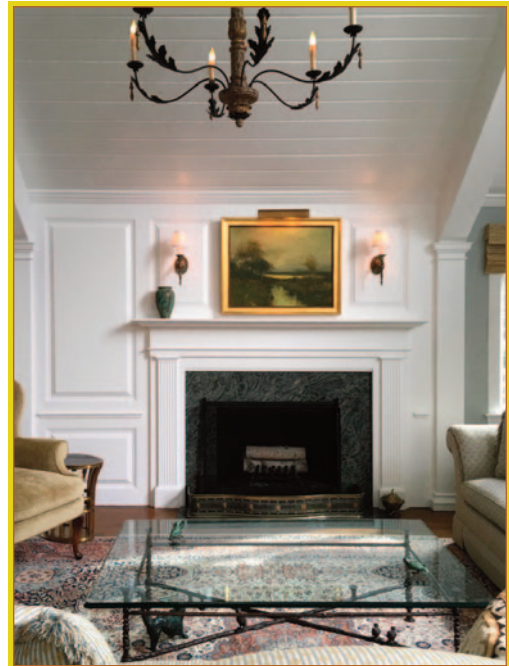
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## NEW YEAR, NEW HABITS, CONTINUED FROM PAGE 14

If you plan to serve the soup immediately, heat the broth while the vegetables are roasting. When the vegetables are done, transfer them to a blender. Add the warm vegetable broth and lemon juice and carefully blend. Caution: use a towel over the top of the hole in the blender lid to let steam escape during the blending process. Blend until just chunky-smooth, leaving tiny bits and pieces of browned vegetables for visual appeal.

Alternatively, use an immersion/hand blender. To serve, ladle soup into bowls and garnish with fresh thyme. If you're making the soup in advance, there's no need to heat the broth. Warm the blended soup when you're ready to serve.

OV

*Linda Kolton is a plant-based chef, cooking instructor, health coach, and cookbook author.*

## DINING IN: SOUPS

### Immunity Soup

#### Ingredients

2 tablespoons olive oil  
1 ½ cups chopped onion  
3 celery stalks, thinly sliced  
2 large carrots, thinly sliced  
1 pound presliced vitamin D-enhanced mushrooms (such as Monterey Mushrooms)  
10 medium garlic cloves, minced  
8 cups unsalted chicken stock  
4 thyme sprigs  
2 bay leaves  
1 (15-oz.) can unsalted chickpeas, drained  
2 pounds skinless, bone-in chicken breasts  
1 ½ teaspoons kosher salt  
½ teaspoon crushed red pepper  
12 ounces curly kale, stems removed, leaves torn

#### Directions

Heat oil in a large Dutch oven over medium. Add onion, celery and carrots; cook, stirring occasionally, 5 minutes. Add mushrooms and garlic; cook, stirring often, 3 minutes. Stir in stock, thyme, bay leaves and chickpeas; bring to a simmer. Add chicken, salt and red pepper; cover and simmer until chicken is done, about 25 minutes.

Remove chicken from Dutch oven; cool slightly. Shred meat with 2 forks; discard bones. Stir chicken and kale into soup; cover and simmer until kale is just tender, about 5 minutes. Discard thyme sprigs and bay leaves.

**Source:** [www.myrecipes.com](http://www.myrecipes.com)

### Joan Nathan's Matzoh Ball Soup

#### Ingredients

4 large eggs  
¼ cup schmaltz (rendered chicken fat), coconut oil or vegetable oil  
¼ cup chicken stock or vegetable stock  
1 cup matzo meal



**Immunity Soup**

¼ teaspoon ground nutmeg  
1 to 2 tablespoons freshly grated ginger  
2 tablespoons finely chopped parsley, dill or cilantro  
1 teaspoon salt, more for cooking  
Black pepper

#### Directions

In a large bowl, combine the eggs, schmaltz, stock, matzo meal, nutmeg, ginger and parsley. Season with 1 teaspoon salt and a few grinds of pepper. Gently mix with a whisk or spoon. Cover and refrigerate until chilled, about 3 hours or overnight.

To shape and cook the matzo balls, fill a wide, deep pan with lightly salted water and bring to a boil. With wet hands, take some of the mix and mold it into the size and shape of a ping-pong ball. Gently drop it into the boiling water, repeating until all the mix is used.

Cover the pan, reduce heat to a lively simmer and cook matzo balls about 30 to 40 minutes for al dente, longer for light. If desired, the cooked matzo balls can be transferred to chicken or vegetable soup and served immediately. Alternatively, they may be placed on a baking sheet and frozen, then transferred to a freezer bag and kept frozen until a few hours before serving; reheat in chicken or vegetable soup or broth.

**Source:** [www.Cooking.NewYorkTimes.com](http://www.Cooking.NewYorkTimes.com)



## VILLAGE SNAPSHOTS



*Residents Bob and Monica McDonald carried on the tradition that they started last year, visiting neighbors on Bayfield Lane with homemade goodies on Christmas Eve.*



*Thanks to Carol Hamilton for submitting this image of last month's pre-Christmas snowfall.*



## WORK FROM THE OV WRITER'S GROUP

### I NEVER WOULD HAVE BELIEVED...

By Elisabeth Breslav

**M**y life has been made up of events I never believed would happen.

If somebody on the playground in kindergarten had told me that my country, peaceful little Holland, known for tulips, windmills and Edam cheese, was going to be occupied and terrorized by the Nazis for five long years, I never would have believed it.

After WADI, if somebody had told me that my decision to take a job as a mother's helper in London to learn English would eventually lead to a career as translator/interpreter in Paris, I never would have believed it.

While living the good life in Paris, if somebody had told me that I would leave that city and go to America because, among all the eligible young men, I would meet

and fall in love with an American G.I., I would never have believed it.

If somebody had told me that I would be married in Connecticut before my one-year visa ran out and that I would get pregnant on my honeymoon, I would never have believed it.

If somebody had told me that I would lose my husband at age 55, I would never have believed it.

If somebody had told me two years ago that our world would be plagued by a pandemic, I would never have believed it.

But today, if somebody tells me that unless we combat the virus with mandatory masks and vaccines (except when medically counter-indicated), and unless we take powerful measures to slow climate change, the future existence of our planet and of all humanity is at risk of extinction, I very much believe it.

## RESIDENT POETRY

### Dreamland

Sunshine morning did you enjoy  
Taking last night's sleep from me  
Why must you torment me  
with your magnificent blue skies  
Tempt me with your sweet morning smells  
You always arrive just as I drift off  
Please leave me  
for a few more seconds, minutes, hours  
Clouds pass over you  
I return to my nighttime slumber  
Only to be jolted  
by the rabid bark of my alarm clock  
I guess it's time to start this new day  
Yet, I'd much rather be in dreamland

— Patricia A. Rowe

### Kent Falls, Macedonia Park

The wood and water throb in the still afternoon  
while my head dances to a serenade of mayflies and gnats.  
Bordered by crisp oaks and languid willows  
an aisle of air weighs upon the stream.  
Rising, a boulder to the surface breaks  
like a granite hippo sucking  
an endless breath of air;  
I mount the hard hot back.

The water is swollen with life I know:  
bluegill and yellow perch mingle beneath the bank;  
smallmouth bass cling to the rocks and the bullet  
body of a pike lurks among the moss and weed.  
But it is the rainbow trout I seek, those long-limbed painted  
ladies lounging among the shoals posing in the shadows.  
I piece together my bamboo rod, so lithe and supple and  
eye the undulations of the stream, the eddies, the backwater  
for the telltale dimple of a rising fish.  
I secure the dry fly with a blood knot.  
The line is cast: long, arched, quickening  
vanishing with a wet caress.  
The fly, thick and stiff, called the White Wulff  
makes a pass over the deep dark pool.  
The rainbow mouths the fly and retreats. I watch her  
parade between the sunlight and the shadows.  
A second pass and the rainbow bursts the surface  
thrusts her jaw defiantly toward the sun  
then disappears below the fractured profile of the stream.

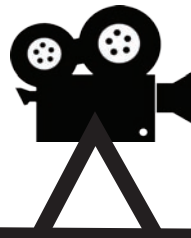
The rod is taunt. I strip the line looping and coiling at my  
feet.  
Our bodies pulse along the rhythmic expanse of nylon. She  
surges against my will.  
We whirl under the blue marbled sky, against the green linden  
wood  
until, finally, angling toward me, the rainbow surrenders.

— Richard Bittner



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# Film Festival

- **6 Films For \$30**  
6 film Package Purchase Required
- **Limited to first 20 film lovers to sign up**
- **Light food & drink relating to the film will be served prior to the viewing**
- **Discussion of the film after each event**
- **Chris Orrell, an OV resident will introduce each film giving relevant information!**

Sundays 3pm SCB TV lounge

**Feb. 6, 27, March 6, 20, 27, and April 3.** (2022)

Please drop a check for \$30 into the Arts Guild Mailbox NCB- Include your name, email, phone and preferred contact information

Questions? Call Barbara Stewart 203.612.1373

Proof of Vaccination Required

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### List of Films To be Shown

- Next Stop Wonderland (U.S.)
- Babette's Feast (Denmark)
- My Life as a Dog (Sweden)
- Gallipoli (Australia)
- The Wooden Man's Bride (China)
- The Story of the Weeping Camel (Mongolia)



Presents Our New Art Show

# The Eyes Have It



OPENING RECEPTION Sunday, January 16, 2022 4pm SCB



**The OV Book Club meets on the first  
Wednesday of each month at  
7 p.m. in the NCB Library.**

The book for Feb.2 is *The Great Unexpected*, by Dan Moony, a poignant tale of two elderly gentleman seeing out their days in a retirement home.

The book is filled with colorful characters, sparkling humor and deep emotion. It is the story of friendship, finding oneself later in life and experiencing newfound joy in the most unexpected places.

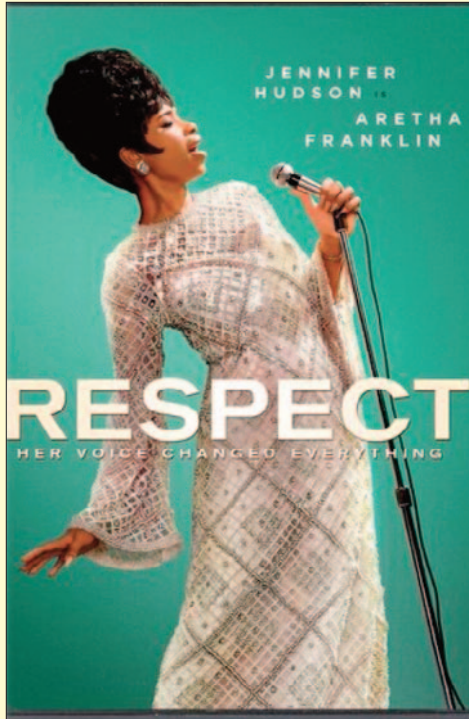
The book illustrates the impact one person can have over a community and how one positive attitude can change the lives of others.



**Bingo — presented by the OV Men's Club — takes place on the third Thursday of each month (excluding December).**

**The cost is \$2.50 per card. Games are open to all.  
The next game is January 20 at 6:30 p.m. at SCB**

**Questions? Call Sandy Lunt at 203-377-5833**



**The Movie Club Presents  
*Respect*  
 January 19- 2 pm - SCB**

***\$1 admission includes popcorn- proof of vaccine required***

Covering Aretha Franklin's life from 1952 to 1972, we watch the rise of Aretha Franklin (played by Jennifer Hudson), at one time simply known as C. L. Franklin's daughter, to a global star with multiple enduring hits and a legacy like no other.

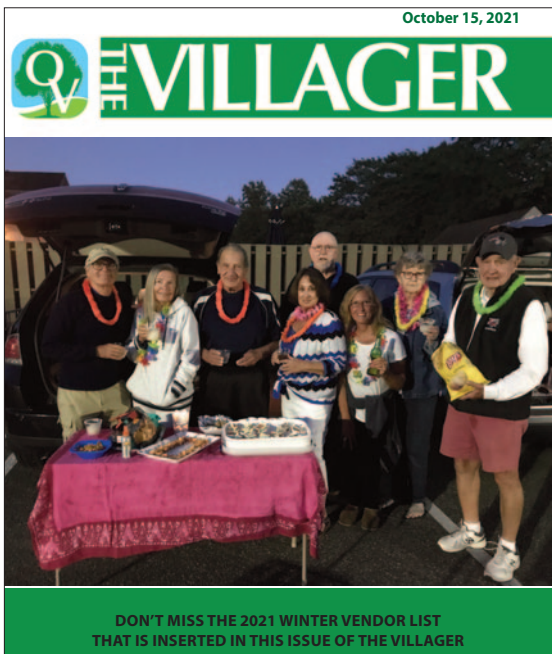
But, to get to superstar status, she had to deal with a father who was as much a saint as he was a sinner who was careless in raising his child. Also, there were multiple men in Aretha's life, from the Reverend Dr. James Cleveland to Ted White and, of course, Martin Luther King Jr.

But through it all, the young and talented Queen of Soul may have had her demons, but in the face of liquor and unappreciative men, she never lost her soul or her faith.

**VILLAGER DEADLINES FOR 2022**

The Villager magazine is published on the 1st and 15th of each month, when possible. At right are the scheduled dates of publication and the tentative deadlines for 2022. (These dates are subject to change.) **All submissions must be received no later than noon on the deadline date.**

- Feb 1 Villager has a deadline of Jan.19
- Feb. 15 Villager has a deadline of Feb. 2
- March 1 Villager has a deadline of Feb. 16
- March 15 Villager has a deadline of March 2
- April 1 Villager has a deadline of March 21
- April 15 Villager has a deadline of April 4
- May 2 Villager has a deadline of April 19
- May 16 Villager has a deadline of May 3
- June 1 Villager has a deadline of May 19
- June 15 Villager has a deadline of June 2
- July 1 Villager has a deadline of June 20
- July 15 Villager has a deadline of July 5
- Aug. 1 Villager has a deadline of July 19
- Aug. 15 Villager has a deadline of Aug. 2
- Sept. 1 Villager has a deadline of Aug. 19
- Sept. 15 Villager has a deadline of Sept. 6
- Oct. 3 Villager has a deadline of Sept. 20
- Oct. 17 Villager has a deadline of Oct. 4
- Nov. 1 Villager has a deadline of Oct. 12
- Nov. 15 Villager has a deadline of Nov.r 2
- Dec. 1 Villager has a deadline of Nov. 18
- Dec. 15 Villager has a deadline of Dec. 5





# SAVE THE DATE!

*The Oronoque Village 50th Anniversary Gala celebration will be on Saturday, May 14th and Sunday, May 15th, 2022.*



**Mark your calendars.**

*Details will be announced in the coming months.*

*Clip and save*



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**WELCOME 2022 WITH SAC ON SATURDAY, JANUARY 22ND  
FEATURING ENTERTAINER MICHAEL REA**

**LOCATION: NCB**

**TIME: 6-10 PM**

**PRICE: \$38 PER PERSON**

**BYOB**



**BUFFET DINNER (3 ENTREES),  
DESSERT, SODA, COFFEE/TEA**

**RAFFLE**

**CHAMPAGNE TOAST**

NAME(S) \_\_\_\_\_ NUMBER ATTENDING \_\_\_\_\_

AMOUNT ENCLOSED: \_\_\_\_\_ (Check or Cash)

Checks made out to SAC...drop off in SAC box at NCB - No Later than Jan 18th.

Questions? Call Sonya DeBiase 203-377-1515 or Mary Ann 203-530-9962



**General Meeting & Entertainment by  
*Michael Coppola and Maria Tiscia*  
Thursday, January 27, 2022 7pm SCB**

A true virtuoso, Michael Coppola has recorded seven CDs and played at major music venues, including The Classic American Guitar show, The Philly Guitar Show, The Montreal Jazz Festival and The Chet Atkins Festival in Nashville.

Michael will perform with vocalist Maria Tiscia, who worked in TV and radio doing commercials with the late jazz musician Don Elliot. Through her association with Elliot, she worked on movie scores and projects for Quincy Jones.

**General Meeting**

*We will begin with a brief business meeting and to welcome all our members, new and existing.*

*It's also time to pay your annual dues. We are collecting dues of \$15 at the door, or you can put a check in our mailbox in the NCB made out to OVAG.*

*Members attend our meetings free of charge and guests pay \$8 at the door.*

Vaccination Cards Required



**Cabaret Style Seating - BYOB and snacks**

**Questions? Call Barbara Stewart 203.612.1373**





# Exclusive Offer for Oronoque Village Residents

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